

**Adamstown
New Lambton
Little Athletics**

Season 2012 - 2013

Club Handbook



ADAMSTOWN NEW LAMBTON LITTLE ATHLETICS CENTRE INCORPORATED

SEASON 2012-2013

Welcome to all returning athletes, new athletes and associated family members for another season with Adamstown New Lambton Little Athletics Centre (ANLLAC). As always we look forward to an enjoyable season for all involved.

A little about our club.....For us it not all about winning. Undue pressure from peers, parents or other family members is not welcome at our club. Our aim is to provide a relaxed and fun environment with an emphasis on participation while also providing suitable encouragement and assistance to those who wish to extend their ability. This philosophy has proven extremely successful over the past few years during which we have seen high numbers of athletes as members of our club as well as great success at higher levels of competition.

Season 2011-2012 saw 309 athletes from Tots up to U17, with the U13 – U17 group comprising over 55 athletes. We hosted the Zone Multi-Event, with 66 of our athletes participating at Alder Park. Our numbers for the Zone Championships were large with strong results ensuing. ANL won the Aggregate Point Score at this Championship for the third consecutive year. Subsequent representation at Regional and State Championships was also pleasing with 67 athletes representing ANLLAC at Region Championships of which 30 qualified for the State Championships. Once again Rose Davies attained a gold medal at the State Championships, this season in the U/12 Girls 1500m proving she is an outstanding talent. Mia Nash also won the bronze medal in the U/10 Girls 800m indicating she is also an athlete on the rise. Undoubtedly all athletes representing at this level are high achievers.

Our website continues to be a source of good information for our members and Lorraine O'Connor was once again key in providing data input services for our results which are viewable on this site. Lorraine's efforts were recognised on our presentation night with the award of Clubperson of the Year. Justin Jefferson once again provided a great range of photographs over the course of the season and offered them to the centre at no charge. A strong and committed committee again provided outstanding service.

The outlook for our centre appears bright. We remain financially sound from internal sources and funding has also been obtained from the state government for a lighting upgrade at Alder Park. Additionally Newcastle City Council has proposed an upgrade to the change room and canteen facilities at our ground which is much needed. Council has also assisted with a grant that has provided for an upgrade to our shot put facilities and the creation of another long jump pit for our Tots. All these initiatives will help our club remain as an attractive proposition for those wishing to pursue Little Athletics in the Newcastle area.

David Priestley
President

COMMITTEE 2012-2013

PRESIDENT	David Priestley	0419 655811
VICE-PRESIDENT	Brett Cullen	0431 632403
SECRETARY	Rachael Doyle All correspondence to: The Secretary Adamstown / New Lambton LAC PO Box 143, New Lambton 2305	0409 226566
TREASURER	Martin Smith	0402 324366
REGISTRAR	David Short	0437 394023
OFFICER FOR CHAMPIONSHIPS	Damien Cummins	0402 815070
OFFICER FOR PUBLICITY & GRANTS	Lee Kliousis	0412 850050
EQUIPMENT OFFICER	Andy Aspinall	0413 653126
FACILITIES OFFICER	David Holt	0416 003725
STATISTICIAN	David Priestley Lorraine O'Connor	0419 655811
ZONE DELEGATES (Port Hunter)	Brett Cullen Graeme Hopkins	0431 632403 0438 696679
CANTEEN	Sheridan Twiss	
PARENT LIAISON	Karen Lanz Rick Barry	0414 387079 0400 410489
COMMITTEE MEMBERS	Adrian Sutherland Brian Cox	0411 066711



2012-2013 SEASON CALENDAR

SEPTEMBER

Sat 22nd **ANLLAC Season Commences** Alder Park New Lambton
(First 3 Meets are Saturdays)

OCTOBER

Fri 12th **ANLLAC Meets Revert to Fridays** Alder Park New Lambton
Sat 20th Raymond Terrace Pentathlon Vi Barnett Field, Raymond Terrace
Sun 21st Port Hunter Zone Multi-Event Federal Park, Wallsend
Sun 28th Wallsend Gala Day Federal Park, Wallsend

NOVEMBER

Sun 4th Edgeworth Challenge Edgeworth Oval, Edgeworth
Sun 4th Trans Tasman Trials Myimbarr Community Park, Flinders
Sat 24th State Relay Championships Sydney, Olympic Park
Sun 25th State Relay Championships Sydney, Olympic Park

DECEMBER

Fri 14th **Last Club Meet Before Xmas** Alder Park, New Lambton
Sat 15th Port Hunter Zone Championships Vi Barnett Field, Raymond Terrace
Sun 16th Port Hunter Zone Championships Vi Barnett Field, Raymond Terrace

JANUARY

Fri 11th **First Club Meet After Xmas** Alder Park, New Lambton
Sun 13th Trans Tasman Challenge Sydney, NSW
Sat 26th Athletics NSW Country Champs Hunter Sports Centre, Glendale
Sun 27th Athletics NSW Country Champs Hunter Sports Centre, Glendale

FEBRUARY

Sat 23rd LAANSW Region 2 Championships Hunter Sports Centre, Glendale
Sun 24th LAANSW Region 2 Championships Hunter Sports Centre, Glendale

MARCH

Sat 2nd LAANSW State Multi-Event Waratah Sports Club, Orange
Sun 3rd LAANSW State Multi-Event Waratah Sports Club, Orange
Fri 15th **ANLLAC Season Concludes** Alder Park New Lambton
Fri 22nd LAANSW State Championships Sydney, Olympic Park
Sat 23rd LAANSW State Championships Sydney, Olympic Park
Sun 24th LAANSW State Championships Sydney, Olympic Park

APRIL

Sun 7th ANLLAC Presentation TBA

JULY

7th State Cross Country & Road Walks TBA



REGISTRATIONS

WHO: Girls and boys from 3 years (born before 1st October) through to 16 years of any ability

WHERE: Alder Park Club House, Off Bridges Road, New Lambton

SEASON STARTS: Saturday 22nd September 2012. **This season we will be running the first three club meets on Saturday mornings from 9:00AM at Alder park to alleviate issues associated with poor lighting prior to the commencement of daylight savings.** Club events will then return to Friday evenings at 5:15PM, as usual, from Friday 12th October.

SEASON ENDS: Friday 15th March 2013

COST

Tiny Tots	\$110.00 (or \$105 Early Bird)
Under 6 – 17 years	\$115.00 (or \$110 Early Bird)

Note: **Early Bird Discount of \$5 per athlete applies to those who register online and pick up apparel on one of the 3 designated registration days and for those who register in person on one of the 3 designated registration days.**



Athletes who register on the day of any competition at Alder Park may not have results recorded for that meet. This is due to the workloads and time constraints associated with the need to enter all new registration details prior to entering any statistical results club wide on any given week, bearing in mind the high numbers of registrations that have occurred on the first days nights of competitions in recent years.



A \$10.00 discount per additional athlete will apply to families who register more than two athletes.

Registration Days:

Saturday 1 st September 2011	9:00 am to 12:00 noon	
All at Alder Park	Saturday 8 th September 2011	9:00 am to 12:00 noon
New Lambton	Friday 14 th September 2011	5:00 pm to 7:00 pm

Online registrations can be undertaken at www.laansw.com.au and then click on the "Getting Involved" tab and then the "How To Join" menu item and follow the instructions. There are options for Registrations only or for Registrations and Payments.

Please note that fees listed above cover all club meet competition fees. Once fees are paid they are not refundable - this is a directive from our State Association

Prospective new athletes unsure about joining may compete as Visitors for TWO (2) club meets (if they have never competed or tried out before) after all registration, insurance and medical forms have been completed. If after two meets the athlete would like to continue with our centre, all fees must be paid in full before they can next compete. No results or points will be recorded for Visitors and no retrospective results or points will be recorded if a Visitor registers at some later stage.

FROM THE COMMITTEE...

Welcome to Adamstown New Lambton Little Athletics Centre Inc. We hope you enjoy your time with us.

We would like to encourage all the family to be involved in the activities.

Please take note of the following responsibilities and expectations...

Be aware of children's safety – part 1 – the Public Park

The Adamstown-New Lambton Little Athletics Centre Inc. will not be responsible for any child who wanders away from the athletic competition area, e.g. in the storm water drains, streets, bowling club or playground area. Also, as this is a public park, Please be aware of 'stranger danger'.

All children must be accompanied by an adult at the ground whilst competing.

PARENTS/CARERS ARE NOT TO LEAVE THEIR CHILDREN UNATTENDED AT THE PARK AND THEN PICK THEM UP AT THE END OF THE NIGHT.

Children who are left on their own WILL NOT be allowed to compete.

Be responsible for helping your child enjoy their involvement - Parent participation is a NECESSITY.

The more parents help at each competition meet the easier the events will be to run and it will be more enjoyable for all involved. Parents, we encourage you to volunteer to act as either a group Age Marshal or assist in recording times/places on the track events. If you are unsure of what to do, we will be more than happy to show you how. Don't be too worried about making mistakes, it's not that serious.

It is **expected** and indeed **essential** that parents and/or carers become involved in helping with the running of events. There is a requirement for each family to provide assistance during the season in order for their children to qualify for end of season awards at the Presentation. A weekly roster details duties such as Age Marshalling, Timekeeping, Place Judging, Equipment Set Up, Equipment Pack Up, Canteen, BBQ etc with the expectation that a parent from each family will perform at least 5 duties during the course of the season.

Unlike other sports where two teams play, with one referee, athletics is for the individual with multiple events which must be timed or measured. The Age Marshal positions need to be filled every week as well as assistants for the timekeepers on both tracks.

If you are an Age Marshal, please keep good control of your group. If there are children who cause unreasonable problems please report them to a committee member.

Sign on...

The Age Marshals or assistants need to 'sign on' adjacent to the canteen and obtain an identification tag which needs to be displayed once out on the track. Experience is not necessary to take up either role as assistance can be provided in what is expected.

If an age group does not have an Age Marshal this group WILL NOT be allowed to start competition until an Age Marshal has volunteered. We do this for the safety of your child.

Follow the program...

Long Jump pits, throw cages and shot rings all have an assigned number. This number corresponds to a number listed on the program. To ensure our competition nights run smoothly Age Marshals are requested to check the program and use the location the age group is programmed to use. It is also important that Age Marshals check the program for the location and the order of events.

We insist that the Age Marshals follow the run sheet, particularly the order of events, so the night can run smoothly.

Encourage your child to improve

A major focus by our centre is for each athlete to improve their performances gradually over the course of the season. Avoid placing too much pressure on them. Encourage them to do their best...what more can you ask?

Encourage your child to compete at higher levels

Apart from our Friday competition nights, various carnivals are held across our region. The carnivals will be listed on our notice board or you can contact a Committee Member for information. The carnivals may incur a cost to enter which is not refundable. Some AWD events will be offered at some carnivals.

To compete at any carnival all athletes must wear the club uniform and club number (213). Club numbers are available from the committee at no cost and are attached to the back of the child's singlet/top.

Tiny Tots

Tiny tots are offered play training activities. It has proved an important nursery in developing future little athletes. This group requires MORE PARENT HELP AND EQUIPMENT per child to work effectively.

Parents of Tiny Tots need to work together to set up equipment, organise activities and pack up equipment on competition nights. Assistance can be provided to cover planning of activities.

Insurance

All registered athletes are covered by LAANSW insurance. This insurance covers all athletes while competing at official events against personal injury. All officials are covered against injury whilst attending little athlete's activities, provided that they sign on the register and complete event sheets.



Be aware of children's safety – part 2

Don't endanger the safety of children competing or your own safety...Avoid injury by staying clear of areas where children are competing. Go around the track, avoiding runners in progress. Many of the sprinters are going quite fast and many older athletes need plenty of space to slow down.

Note: ALL SPECTATORS SHOULD KEEP WELL CLEAR OF EVENTS AND NOT CROSS THE TRACK AS THERE IS NO ACCIDENT OR LIABILITY INSURANCE TO COVER THEM.

Poor Weather

Parents are to provide suitable protective clothing readily available to the children should the weather turn cold, wet or hot.

A basket is provided to each age Marshal to carry athlete's water bottles and clothing between events.

Cancellation due to poor weather will be notified via the Club's Wet Weather Line. The number for this service is 1901 190 001. Please note call cost \$0.50c fixed, higher from mobile phones.

The club has implemented a policy to cancel a night's competition if lightning activity is present adjacent to the track at starting time or at any time during events.

Help the Committee and help the club...

The committee meets on the second Tuesday of each month. We meet downstairs at The Adamstown Club (Formerly Adamstown RSL), Brunner Road Adamstown at 7.30 pm.

All parents are welcome to attend. If you don't have a child attending you need to fill out an application for membership (at the end of the booklet). Voting rights at the Annual General Meeting are gained by paying a \$2.00 fee at the meeting. By having voting rights you can have a say in how the club operates. We are only a very small committee so we are **always in need** of more help.

If you feel that you can help in any way, please don't hesitate to offer your services. They will be greatly appreciated.

The aim of Little Athletes is for EVERYONE to get involved and enjoy it.

POINTSCORE AND TROPHIES

Over the competition season an athlete must compete for a **minimum of 70%** of Friday nights to qualify for a trophy or medal.

Personal Improvements Champion

This is for the athlete who improves and regularly attends over the season. Results will be determined by awarding each child:

1. ONE point for each club meet attended
2. TWO points for each personal best obtained during a club meet event.
3. FIVE points for competing at Zone multi
4. FIVE points for competing at Zone Championship



Personal Bests.

The athletes are given a booklet on registration day to record results obtained throughout the season. After each club meet results are uploaded to the club's website at www.anllac.org.au. Results slips can be printed from the site and then be pasted into the booklet to keep a record of results. Once the athlete has achieved ten (10) new personal bests (not equal personal bests) a certificate will be printed and awarded to the athletes on a subsequent competition night. After twenty (20) personal bests are achieved, a trophy or medal will be awarded on presentation night.

NOTE:

1. The first result in each event for the season merely establishes a benchmark personal best for each athlete and **WILL NOT** be included in their overall tally.
2. If an athlete equals a personal best this result **WILL NOT** be included in their overall tally.
3. Previous season results may be used by the statistician to judge whether an athlete has performed genuinely at an event.

Events Champion

This is for the consistent winner and high place-getters of events and will be determined by awarding each child the following point score for placing in each event that they compete in (including all Handicap events)

PLACE	POINTS
1 st	8
2 nd	6
3 rd	4
4 th	2
5 th	1
6 th	1
Etc	1

Athletes must be in attendance at Adamstown New Lambton Little Athletic Centre competition at Alder Park to receive Events Championship points. Results obtained by athletes competing in other competitions will not be considered.

Important Dates

NOTE 1 **Orientation occurs on Friday 14th September from 5:00 pm to 7:00 pm for those who want to become familiar with any aspect of the club, parent duties, age marshalling etc**

NOTE 2 **Point Score starts from first week (22nd September)**

NOTE 3 **Records to start from first week**

NOTE 4 **Christmas Break...**

**Last competition night before Christmas is
FRIDAY 14th December 2012**

Season resumes FRIDAY 11th January 2013

NOTE 5 **Season Finishes FRIDAY 15th March 2013**

NOTE 6 **The Program is subject to change at short notice**



UNIFORMS

The club colours are white, bottle green and red. The centre has club singlet tops and club monogrammed shorts available for sale at the canteen

For normal Friday night competition the boys wear green shorts with either a club singlet or plain white T-shirt. For the girls green bike pants, scungees or shorts are acceptable along with either a club singlet or plain white T-shirt or crop top in white, bottle green and red (available from The Netball Shop). Age, sponsor and registration patches must be affixed as per details below.

The registration number is located in the centre on the front of the shirt, singlet or crop top (with the outline still visible) and the age patch is attached to the top left front of the shirt, singlet or crop top or on the left hand side of the shorts, bike pants or scungees. An IGA sponsor patch must be affixed to the top front right of the shirt, singlet or crop top. All patches and numbers must be clearly visible when competing if the singlet or shirt is tucked in. Previous season registration numbers, age and sponsor patches are invalid and must be removed. New registration numbers, age and sponsor patches are issued at the time of registration at Alder Park.

The registration number must be displayed on the shirt. Any athletes who have forgotten their shirt or number must report to the canteen and obtain a visitor number for the evening. The committee has a policy '**NO NUMBER – NO RUN**', this way we can ensure all paper work is completed and results are able to be recorded.

If an athlete wishes to compete at carnivals away from our normal club meets then formal club uniform must be adhered to. This comprises green shorts and a club singlet for the boys. For the girls a club singlet or crop top with green bike pants, scungee's or shorts. In addition to the age, sponsor and registration patches detailed above a club number (213) must be attached to the centre of the back of the singlet or crop top. The club numbers are available from the canteen at Alder Park.

SHOES MUST BE WORN AT ALL TIMES BY ATHLETES WHEN AT ALDER PARK.

Spiked sprint shoes (spikes) are not to be worn by athletes in the U/8 group and younger. IE use is acceptable from U/9.

Spikes are only allowed in laned events (up to and including 400m) and are not to be worn in any pack start events. Spikes shall **only be put on at the starting line and must be taken off at the finish line**. This rule will be strictly adhered to.



Adamstown / New Lambton Little Athletics Program

Shaded events are run on the outside Track

WEEK 1

All Records must be signed by an ANLLAC committee member to be accredited

U/6B	U/6G	U/7B	U/7G	U/8B	U/8G	U/9B	U/9G	U/10B	U/10G	U/11B	U/11G	U/12B	U/12G	13-14B	13-14G	15-17B	15-17G
70	70	70	LJ-3	SP-3	100*	HJ	DISC2	100*	LJ-2	100*	SP-2	HJ	LJ-1	SP-1	100*	JAV	DISC1
DISC1	DISC2	LJ-3	70	100*	LJ-2	100*	100*	LJ-1	100*	SP-1	100*	SP-2	100*	1500	1500	100*	100*
100*	100*	100*	SP-2	LJ-3	DISC1	DISC2	HJ	1500	1500	1500	1500	100*	HJ	LJ-2	SP-1	TJ-1	JAV
SP-3	SP-2	SP-1	100*	70	70	800	800	DISC2	DISC1	TJ-1	TJ-2	1500	1500	100*	LJ-1	1500	1500
																DISC1	TJ-2

100* - Handicap race every second full cycle.... Should be two per season

WEEK 2

U/6B	U/6G	U/7B	U/7G	U/8B	U/8G	U/9B	U/9G	U/10B	U/10G	U/11B	U/11G	U/12B	U/12G	13-14B	13-14G	15-17B	15-17G
SP-2	SP-3	DISC1	DISC2	LJ-3	SP-1	70	70	70	70	LJ-1	LJ-2	200	JAV	HJ	200	200	200
300	300	50	50	70	70	SP-3	LJ-2	DISC1	DISC2	200	200	TJ-1	200	200	SP-2	HJ	SP-1
50	50	500	500	DISC1	DISC2	LJ-3	SP-3	800	800	SP-2	SP-1	JAV	TJ-1	TJ-2	HJ	100	100
DISC1	DISC2	SP-2	SP-3	200	200	200	200	LJ-2	LJ-3	800	800	800	800	800	TJ-2	SP-1	HJ
														SP-1	800	800	800

** - U13-17 Age groups to be first event on outside track as they have 5 events

WEEK 3

U/6B	U/6G	U/7B	U/7G	U/8B	U/8G	U/9B	U/9G	U/10B	U/10G	U/11B	U/11G	U/12B	U/12G	13-14B	13-14G	15-17B	15-17G
LJ-2	LJ-3	70	SP-1	50	50	70	70	#1100W	HJ	#1100W	HJ	DISC2	LJ-1	100	DISC2	JAV	DISC1
70	70	LJ-3	70	LJ-1	LJ-2	SP-3	SP-2	SP-1	#1100W	100	100	100	100	DISC2	100	#1500W	#1500W
SP-3	SP-2	200	LJ-3	100	100	100	LJ-2	HJ	SP-1	HJ	#1100W	LJ-1	DISC2	#1500W	#1500W	DISC1	JAV
200	200	SP-3	200	SP-2	SP-1	LJ-3	100	200	200	DISC1	DISC2	#1500W	#1500W	LJ-1	LJ-2	200	200
														200	200	LJ-2	LJ-1

- Optional 1500m Run instead of Walk held concurrently with Walk. Athlete's choice required before commencement of event

WEEK 4

U/6B	U/6G	U/7B	U/7G	U/8B	U/8G	U/9B	U/9G	U/10B	U/10G	U/11B	U/11G	U/12B	U/12G	13-14B	13-14G	15-17B	15-17G
LJ-3	LJ-2	50	50	DISC1	SP-3	LJ-1	SP-1	HURD	HURD	HURD	HURD	HURD	SP-2	DISC2	JAV	400	400
50	50	SP-3	SP-2	700	700	700W	700W	DISC1	DISC2	HJ	HJ	SP-1	HURD	HURD	HURD	TJ-1	TJ-2
DISC2	DISC1	100	100	SP-2	LJ-1	100	LJ-2	SP-3	SP-1	400	400	400	400	400	400	HURD	HURD
300	300	500	500	100	100	DISC2	100	70	70	100	100	HJ	HJ	JAV	DISC1	SP-1	SP-2
														3000	3000	3000	3000

** - U15-17 Age groups to be first event on outside track as they have 5 events

WEEK 5

U/6B	U/6G	U/7B	U/7G	U/8B	U/8G	U/9B	U/9G	U/10B	U/10G	U/11B	U/11G	U/12B	U/12G	13-14B	13-14G	15-17B	15-17G
LJ-3	SP-3	50	50	HURD	HURD	HURD	HURD	400	400	LJ-2	LJ-1	DISC1	DISC2	JAV	HJ	SP-1	SP-2
50	50	DISC2	DISC1	400	400	400	400	SP-1	LJ-2	100	100	LJ-1	SP-2	HJ	JAV	100	100
100	100	LJ-2	LJ-3	50	LJ-1	SP-1	70	100	100	DISC2	DISC1	100	100	200H	200H	200H	200H
SP-1	LJ-2	100	100	DISC2	50	70	DISC1	LJ-1	SP-2	3000	3000	3000	3000	100	100	HJ	HJ
																LJ1	LJ2

Adamstown / New Lambton Little Athletics Program

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WET WEATHER PROGRAM

U/6B	U/6G	U/7B	U/7G	U/8B	U/8G	U/9B	U/9G	U/10B	U/10G	U/11B	U/11G	U/12B	U/12G	13-14B	13-14G	15-17B	15-17G
SP-2	SP-3	DISC1	DISC2	LJ-3	SP-1	70	70	70	70	LJ-1	LJ-2	JAV	JAV	200	200	200	200
200	200	50	50	50	50	SP-3	LJ-2	DISC1	DISC2	200	200	TJ-1	200	SP-2	SP-2	SP-1	SP-1
50	50	200	200	DISC1	DISC2	LJ-3	SP-3	200	200	SP-2	SP-1	200	TJ-1	TJ-2	TJ-2	JAV	JAV
LJ-3	LJ-3	SP-1	SP-1	200	200	200	200	LJ-2	LJ-2	DISC1	DISC1	SP-2	SP-3	DISC2	DISC2	LJ-1	LJ-1

** - 200m events may start from the southern end of the outside track (normal finish line) to make use of a drier back straight

CLUB MULTI-EVENT

U/6B	U/6G	U/7B	U/7G	U/8B	U/8G	U/9B	U/9G	U/10B	U/10G	U/11B	U/11G	U/12B	U/12G	13-14B	13-14G	15-17B	15-17G
LJ-3	300	500	500	DISC1	100	HJ	100	LJ-2	SP-2	HJ	SP-1	100	DISC2	JAV	JAV	LJ-1	LJ-1
300	SP-1	LJ-3	DISC1	700	DISC2	100	800	SP-3	100	800	100	SP-2	LJ-2	LJ-1	LJ-1	JAV	JAV
SP-2	100	DISC-2	LJ-3	100	LJ-2	800	HJ	100	800	SP-1	HJ	LJ-1	100	100	100	100	100
100	LJ-3	100	100	LJ-1	700	SP-1	SP-2	800	LJ-2	100	800	800	800	800	800	800	800

CLUB MULTI-EVENT

The Club Multi-Event is run on the last club meet of the season.

This form of event entails points being allocated to athletes based on their results, rather than their placing. IE the faster your run, the further you throw, the longer or higher you jump the more points you receive. The system provides motivation for each athlete to compete to the best of their ability rather than concentrate on winning or placing.

The point scoring tables are published on the Little Athletics NSW web site. Generally Multi-Event competitions are run over the course of a full day with many resources on hand. Due to a limitation on both time and resources our Club Multi-Event does not follow a full standard Multi-Event program. Instead four events have been selected for each age group that provide the opportunity for a sprint, distance, throw and jump event for each athlete. Where LAANSW scoring tables are not available for events run at the meet for any particular age group the appropriate tables from the next highest available age group are used.

At this meet normal point scores for Best In Age performance (Events Champion) will not apply, nor will Improvement Points (Personal Bests). This means that these point scores for the season effectively end after completion of activities on the second last week of the season. Club records set at this meet will be recognised.

COMPETITION MEET RULES AND PROCEDURES

As part of our clubs efforts to ensure that our club competition meets run smoothly, efficiently, without incident and ensuring the safety and well being of all our athletes, children, parents and other visitors, please adhere to the following list of rules and procedures. Adherence to the rules and procedures will allow appropriate involvement and participation by all, ensure that club competition meets finish at a reasonable time and provide lots of fun for everyone.

Rules

1. All children not competing are to be accompanied by an adult.

Children who are not competing must be with an adult and must stay in the spectators' area to ensure their safety and prevent them from wandering into the shot-put, discus, javelin or any other area where a serious injury may occur. This rule will be strictly enforced.

2. If you are not signed on as an Age Marshal or an Assistant you CAN NOT follow your child around.

You must stay in the spectators' area to ensure your safety. If you wish to watch you child compete from close up sign-on as an Age Marshal and help out. Ensure that you sign-on early so you do not have to stay in the spectators' area.

3. Insufficient Age Marshals and Assistants

Each age group must have at least 1 Age Marshal signed on otherwise no age group can start competing. You do not have to sign-on to your own child's group, if there is a shortage in another age group and you are willing to help out please sign-on with that age group. Remember that if you are not signed on as an Age Marshal or an assistant you must stay within the spectators' area.

4. All children that are competing must stay with their Age Marshal(s).

Athletes must not wander away to watch their brothers, sisters or friends competing in other events. This makes the job for the Age Marshals difficult when they cannot find the athlete when called to compete. Age Marshals please organise the athletes in the order they are listed on the event sheet, this will ensure that they are ready to compete when called.

5. All drains are out of bounds.

This is self-evident. Drains are dangerous. Any child found in the drains will be disqualified for the rest of the meeting. Parents and Age Marshals it is your responsibility to ensure that your children adhere to this rule. Warn the athletes that they are not to go into the drains. If an athlete breaks the rule disqualify them.

6. Bad or offensive behaviour will not be tolerated.

Anyone who is continually disruptive, is abusive or torments others is not welcome at our club. These persons will be asked to leave.

Procedures (Friday Nights)

1. 4.30 p.m. Equipment set-up

Assistance is always greatly appreciated. Anyone arriving early is welcomed to help out with setting up equipment.

2. 5.00 p.m. to 5.15 p.m. Marshal and assistants registration.

Anyone wishing to be a marshal or assistant please sign the marshal's register sheet. If you are not assisting you have to stay in the spectators' area.

3. 5.15 p.m. Assembly of athletes and communication of any news.

Assembly of all athletes into their respective age groups where club news will be communicated. Presentation of club records will take place.

4. 5.20 p.m. Athletes warm-up and further communication to parents of any news.

All athletes taken to go through their warm-up exercises. During this time further communication of any news will be made to parents.

6. 5.20 p.m. Assembly of marshals and assistants.

While athletes are warming up marshals and assistants will assemble at their particular age group. The Age Folder provided will have all the necessary sheets for recording times, distances etc. There is also a Program of Events in the folder that shows the events and their location.

7. 5.25 p.m. Athletes return from warm-up and go to events.

When athletes return from warm-up marshals and assistants will take their age group to the first event listed on the event slip.

8. 7.30 p.m. and onwards finish of competition.

The finish time of your age group will depend on the size of the age group and how smoothly the events have been progressing. When your age group has completed all their listed events, please take the age group folder with the completed data sheets to the canteen where they will be collected for processing. Any athletes with brothers, sisters or friends still competing cannot go and watch them in the competition area, they must go to the spectators' area and watch from there.

9. Packing up of equipment.

If you are completing the final event on your event list and it appears that there are no more groups to follow, please help by packing up equipment and taking it to the equipment container. Your assistance would greatly be appreciated.

If anyone has any problems or issues that need to be addressed please bring them to the attention of a committee member. They will endeavour to assist you in whatever way possible to resolve any problems or issues that you may have. If you prefer, write down your problems or issues and direct them to the Club's Secretary.

CODE OF CONDUCT FOR PARENTS

- I won't pressure my child in any way – I know that this is their game not mine
- I will not use bad language, nor will I harass athletes, Coaches, Officials or any other spectators.
- I will encourage my child to compete within the rules and respect any Officials and Coaches decisions – no matter what.
- I will teach my child to respect the efforts of their fellow competitors.
- I will remember that children learn best by example, so I will applaud good performances by both my child and other competitors.
- I will give positive comments that motivate and encourage continued effort.
- I will focus on my child's efforts and performances – not the result.
- I will thank the coaches, officials and other volunteers who give their time to conduct the event for my child.
- I will help when asked by a coach or official.
- I won't criticize or ridicule my child's performance after the night's competition.
- I will not arrive at the venue intoxicated or drink alcohol at the ground.
- I will respect the rights, dignity and worth of all people involved in the competition, regardless of their gender, ability or cultural background.

CODE OF CONDUCT FOR COMPETITORS

- I will always play by the rules and instructions of Officials, Coaches and volunteers.
- I will never argue with an official, coach or volunteer. If I disagree with a decision, I will inform the committee during a break or after the competition.
- I will control my temper; I understand that verbal abuses of officials and sledging other competitors and deliberately distracting or provoking an opponent are not acceptable or permitted in any sport.
- I will be a good sport and applaud all good plays whether they are made by myself or another competitor.
- I will always treat all competitors in my sport as I like to be treated. I will not bully or take unfair advantage of another competitor.
- I will cooperate with official's, coaches, volunteers, and fellow competitors.
- I will display modesty in victory and graciousness in defeat.
- I will participate for my own enjoyment and benefit, not just to please parents, coaches or officials.
- I will respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
- I will always respect other competitors with disabilities and help them where I can.
- I will thank other competitors, officials, coaches and volunteers and the end of each competition night.
- Most off all I will have fun while competing fairly, by the rules and instructions of officials, coaches and volunteers.

ADAMSTOWN NEW LAMBTON LITTLE ATHLETICS INC

STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDING 31st MARCH 2012

	(per Mar-11 Report)	
Opening Available Cash		12,363.02
<i>Cash In:</i>		
Registrations		27,050.72
Canteen Sales		5,617.30
Uniform Sales		3,955.00
Miscellaneous		
Regional Shirts		1,150.00
Zone Multi Fees		260.00
Guessing Comp		2,354.00
Donations		102.95
Interest Received		1.14
Net Inflows		40,491.11
<i>Cash Out:</i>		
LAANSW Registrations		(7,640.00)
Uniform Purchases - Singlets		(3,700.13)
Uniform Purchases - Region Shirts		(1,150.00)
Uniform Purchases - Club Shirt		(530.00)
Uniform Purchases - Committee Shirt		(645.90)
Canteen and BBQ Costs		(3,350.87)
2011 Presentation - Trophies, Awards and Gifts		(4,506.15)
Marquee Hire		(2,200.00)
Ground Maintenance		(1,189.25)
Equipment - Track & Field		(1,064.50)
Administration Costs		(224.45)
Annual Return Fees		(48.00)
Bank Charges		(21.00)
Computer Purchase		(657.95)
Float - Canteen		(80.00)
Float - Registrations		(400.00)
Ground Hire - Zone Multi		(220.00)
Guessing Comp Costs		(325.19)
Insurance		(50.00)
PO Box Fees		(266.75)
Stationery		(458.92)
Website Hosting		(719.95)
Zone Multi Entries		(260.00)
Zone Security		(50.00)
Net Outflows		(29,759.01)

CLOSING AVAILABLE CASH POSITION	31-Mar-12	23,095.12
Available cash has increased / (decreased) during the year by:		10,732.10

CLUBPERSON AWARD 2011/2012

Lorraine O'Connor (Statistician)

PRESIDENT'S AWARD FOR OUTSTANDING ACHIEVEMENT 2011/2012

Rose Davies U/12 Girls

ACHIEVEMENT AWARDS 2011/2012

Girls Mia Nash U/10
Boys Parker Hopkins U/10

ENCOURAGEMENT AWARDS 2011/2012

Girls Taylor Constantine U/15
Boys Declan Spencer U/17

CLUB AWARDS 2011/2012

Age Group	Improvement Champion	Place	Events Champion
U/6 BOYS	Tyson Baker	1st	Taimana Elers
	Taimana Elers	2nd	Joseph Cummins
	Jack Duffield	3rd	Jack Duffield
U/6 GIRLS	Jazmyn Burke	1st	Eve Keeling
	Emma Kacev	2nd	Poppy Doran
	Mia Wallace	3rd	Milly Hilton
U/7 BOYS	Ben Van Dorssen	1st	Ben Van Dorssen
	Lachlan Bryde	2nd	Daniel Martinelli
	Daniel Martinelli	3rd	Brendan Palmer
U/7 GIRLS	Ruby Surjan	1st	Jessie Cummins
	Mia Pollard	2nd	Ruby Surjan
	Jessie Cummins	3rd	Chloe Priestley
U/8 BOYS	Corbin Debeljak	1st	Daniel Kacev
	William Argyrakis	2nd	Jacob Irwin
	Ryley Twiss	3rd	Ziggy Fletcher
U/8 GIRLS	Lara Gallagher	1st	Jessica Norgard
	Eden Barnett	2nd	Lara Gallagher
	Ellen Hughes	3rd	Ellen Hughes
U/9 BOYS	Hugh Pinkerton	1st	Kellan Barry
	Jordan Surjan	2nd	Luke O'Neill
	Luke O'Neill	3rd	Vili Pifeleti
U/9 GIRLS	Emma Hopkins	1st	Emma Hopkins

Age Group	Improvement Champion	Place	Events Champion
U/9 GIRLS	Lily Duggan	2nd	Emma Buckingham
	Emma Buckingham	3rd	Laura Robinson
U/10 BOYS	Aaron Stone	1st	Parker Hopkins
	Thomas Parsons	2nd	Aaron Stone
	Angus Abbo	3rd	Tyran Duffield
U/10 GIRLS	Megan Aspinall	1st	Megan Aspinall
	Elley Irwin	2nd	Mia Nash
	Mia Nash	3rd	Taylah Bryde
U/11 BOYS	Harrison Sutherland	1st	Harrison Sutherland
	Kye Jefferson	2nd	Sebastian McComb
	Angus Pinkerton	3rd	Brendan Short
U/11 GIRLS	Annabelle Cummins	1st	Hannah Cullen
	Hannah Cullen	2nd	Paris Fonua
	Lucie Fityus	3rd	Isabel Palmer
U/12 BOYS	Matthew Priestley	1st	Jonti Lanz
	Mason Barry	2nd	Mason Barry
	Jock Dockrill	3rd	Cameron Boyd
U/12 GIRLS	Siobhan Pickard	1st	Erin Cullen
	Erin Cullen	2nd	Sabrina Kliousis
	Emily Whelan	3rd	Emily Whelan
U/13 BOYS	Lewis Debeljak	1st	Lewis Debeljak
	Nicholas Morgan	2nd	Connor Wild
	Daniel Watling	3rd	Daniel Watling
U/13 GIRLS	Rebekah Stuart	1st	Ruby Bakewell-
	Angela Williams	2nd	Rebekah Stuart
	Siane Fonua	3rd	Angela Williams
U/14 BOYS	Ross Hodge	1st	Ross Hodge
	Austin McComb	2nd	Austin McComb
	Ben Davies	3rd	Ben Davies
U/14 GIRLS	Emma Priestley	1st	Carolina Cacic
	Carolina Cacic	2nd	Emma Priestley
	Hannah Jefferson	3rd	Sian Pickard
U/15 BOYS	Viko Puliueva	1st	Jayden Catt
	Rugby Kliousis	2nd	Rugby Kliousis
	Sean Fox	3rd	Jake Graham
U/15 GIRLS	Taylor Constantine	1st	Taylor Constantine
	Ruby Holt	2nd	Ruby Holt
	Maia Hughes	3rd	Maia Hughes
U/17 BOYS	Duncan Burns	1st	Duncan Burns
	Declan Spencer	2nd	Michael Squires
	Michael Squires	3rd	Declan Spencer
U/17 GIRLS	Evelyn Holt	1st	Kimberley Williams
	Danielle Williams	2nd	Danielle Williams
	Kimberley Williams	3rd	Evelyn Holt

CLUB MULTI-EVENT 2011-2012

Age Group	Name	Place	Points Points
U/6 Boys	Taimana Elers	1st	3005
	Jack Duffield	2nd	2713
	Joseph Cummins	3rd	2563
U/6 Girls	Eve Keeling	1st	2643
	Milly Hilton	2nd	2606
	Poppy Doran	3rd	2364
U/7 Boys	Daniel Martinelli	1st	2784
	Sonny Carpenter	2nd	2599
	Ben Van Dorssen	3rd	2435
U/7 Girls	Ruby Surjan	1st	2202
	Chloe Priestley	2nd	1947
	Aislynn Mills	3rd	1920
U/8 Boys	Patrick Hinchey	1st	2107
	Samuel Burgess	2nd	2028
	James Ackerman	3rd	1548
U/8 Girls	Lara Gallagher	1st	2142
	Ellen Hughes	2nd	1938
	Eden Barnett	3rd	1698
U/9 Boys	Kellan Barry	1st	2722
	Jordan Surjan	2nd	2116
	Flynn Mills	3rd	2114
U/9 Girls	Emma Hopkins	1st	2912
	Laura Robinson	2nd	2284
	Emma Buckingham	3rd	2280
U/10 Boys	Parker Hopkins	1st	2599
	Tyran Duffield	2nd	2428
	Angus Abbo	3rd	2283
U/10 Girls	Mia Nash	1st	2578
	Megan Aspinall	2nd	2435
	Taylah Bryde	3rd	1918
U/11 Boys	Harrison Sutherland	1st	2159
	Darby Lanz	2nd	2144
	Jack Piper	3rd	2139
U/11 Girls	Hannah Cullen	1st	2348
	Paris Fonua	2nd	2031
	Annabelle Cummins	3rd	1969
U/12 Boys	Jonti Lanz	1st	2461
	Mason Barry	2nd	2402
	Mitchell Robinson	3rd	1848
U/12 Girls	Chloe Doyle	1st	2326
	Tomeeka McKillop-Davies	2nd	2181
	Sabrina Kliousis	3rd	1871
U/13 Boys	Lewis Debeljak	1st	1921
	Riley Archibald	2nd	1703
	Connor Wild	3rd	1429
U/13 Girls	Ruby Bakewell-Doran	1st	2211
	Rebekah Stuart	2nd	2012
	Teigan Cotterill	3rd	1831
U/14 Boys	Ross Hodge	1st	1764
U/14 Girls	Sian Pickard	1st	2257
	Emma Priestley	2nd	2242
	Carolina Cacic	3rd	2194

U/15 Boys	Rugby Kliousis	1 st	1931
	Jayden Catt	2nd	1549
	Viko Puliueva	3rd	864
U/15 Girls	Ruby Holt	1 st	2205
	Taylor Constantine	2nd	1839
	Maia Hughes	3rd	383
U/17 Boys	Declan Spencer	1 st	322
	Duncan Burns	2nd	282
U/17 Girls	Evelyn Holt	1 st	1173
	Kimberley Williams	2nd	754
	Danielle Williams	3rd	651

ACHIEVEMENT AWARDS 2011-2012

Name	Age Group	Number P.B.'s
Matthew Priestley	U/12 BOYS	26
Lewis Debeljak	U/13 BOYS	24
Siane Fonua	U/13 GIRLS	24
Ruby Surjan	U/7 GIRLS	24
Corbin Debeljak	U/8 BOYS	24
William Argyrakis	U/8 BOYS	24
Lucie Fityus	U/11 GIRLS	23
Carolina Cacic	U/14 GIRLS	23
Tyson Baker	U/6 BOYS	23
Ben Van Dorssen	U/7 BOYS	23
Mia Pollard	U/7 GIRLS	23
Daniel Watling	U/13 BOYS	22
Angela Williams	U/13 GIRLS	22
Jazmyn Burke	U/6 GIRLS	22
Hugh Pinkerton	U/9 BOYS	22
Emma Hopkins	U/9 GIRLS	22
Lily Duggan	U/9 GIRLS	22
Annabelle Cummins	U/11 GIRLS	21
Mason Barry	U/12 BOYS	21
Nicholas Morgan	U/13 BOYS	21
Caitlin Noncic	U/13 GIRLS	21
Rebekah Stuart	U/13 GIRLS	21
Emma Priestley	U/14 GIRLS	21
Aaron Stone	U/10 BOYS	20
Harrison Sutherland	U/11 BOYS	20
Cameron Boyd	U/12 BOYS	20
Hannah Jefferson	U/14 GIRLS	20
Taylor Constantine	U/15 GIRLS	20
Emma Kacev	U/6 GIRLS	20
Mia Wallace	U/6 GIRLS	20
Ryley Twiss	U/8 BOYS	20
Jordan Surjan	U/9 BOYS	20
Emma Buckingham	U/9 GIRLS	20

REPRESENTATIVES 2011-2012

Zone Representatives 2011-2012							
Age Group	Name	Event	Heat	Heat	Final	Final	
U/7 Boys	Daniel Martinelli	100M Run			2nd	19.6	
		200M Run			1st	38.6	
		500M Pack			1st	01:56.8	
		70M Run			2nd	13.3	
	Lachlan Bryde	500M Pack			3rd	02:15.3	
		Discus			1st	15.93m	
		Long Jump			2nd	2.58m	
		Shot Put			1st	5.74m	
	Timothy Davies	100M Run			3rd	21.5	
		50M Run			3rd	10.5	
		70M Run			3rd	14.5	
		Long Jump			3rd	2.35m	
U/7 Girls	Aislynn Mills	500M Pack			4th	02:19.7	
		50M Run			4th	10.2	
		Discus			6th	5.00m	
	Chloe Priestley	500M Pack			3rd	02:18.1	
		Discus			5th	5.59m	
		Long Jump			7th	2.07m	
		Jessie Cummins	Shot Put			2nd	4.06m
			50M Run			5th	10.4
			Discus			3rd	6.88m
		Ruby Surjan	Long Jump			1st	2.45m
			Shot Put			5th	2.84m
			500M Pack			1st	02:07.9
Tayla Grimes		70M Run			2nd	14.0	
		Long Jump			4th	2.19m	
		Shot Put			3rd	3.82m	
U/8 Boys	Cameron Short	700M Pack			4th	03:24.5	
		Discus			5th	9.09m	
		Long Jump			8th	2.36m	
		Shot Put			4th	3.84m	
U/8 Girls	Charlie Sutherland	60M Hurdles	4th	14.7 q	5th	14.9	
		Discus			1st	12.53m	
	Lara Gallagher	100M Run	3rd	19.2 Q	3rd	19.1	
		400M Run			1st	01:41.9	
		60M Hurdles	1st	14.0 Q	2nd	13.7	
		Lucca Bakewell-Doran	700M Pack			2nd	03:02.7
			100M Run	3rd	20.4 Q	6th	20.0
			60M Hurdles	2nd	14.0 Q	3rd	14.3
U/9 Boys	Aaron Cotterill	Long Jump			3rd	2.56m	
		60M Hurdles	4th	12.3 q	5th	12.9	
		70M Run			3rd	12.4	
		Discus			4th	15.72m	
		Daniel Whelan	Shot Put			2nd	5.42m
			100M Run	3rd	17.7 Q	7th	18.0
			60M Hurdles	7th	13.6		
	Flynn Lanz		Long Jump			3rd	3.38m
			Shot Put			7th	4.84m
			400M Run			6th	01:35.3
Flynn Mills		700M Walk			1st	06:00.9	
		Discus			7th	11.41m	
		Long Jump			4th	2.83m	
	Flynn Mills	100M Run	6th	19.8			
		400M Run			7th	01:35.5	

Zone Representatives 2011-2012							
Age Group	Name	Event	Heat	Heat	Final	Final	
U/9 Boys	Flynn Mills	60M Hurdles	4th	13.8			
		High Jump			2nd	0.95m	
	Kellan Barry	100M Run				1st	15.4
		200M Run				1st	32.0
		70M Run				1st	11.3
		Long Jump				2nd	3.81m
	Luke O'Neill	100M Run	4th	18.0 q		6th	17.9
		200M Run				6th	38.3
		400M Run				5th	01:33.8
		800M Run				3rd	03:33.0
	Vili Pifeleti	Discus			1st	20.47m	
U/9 Girls	Emma Hopkins	100M Run			1st	16.4	
		60M Hurdles			1st	11.2	
		800M Run			1st	03:10.7	
		Long Jump			1st	3.54m	
U/10 Boys	Aaron Stone	60M Hurdles	6th	13.4 q	8th	13.1	
		Discus			3rd	22.57m	
		High Jump			1st	1.09m	
		Long Jump			5th	3.84m	
		Shot Put			2nd	7.28m	
	Angus Abbo	100M Run	4th	16.8 q		7th	16.4
		60M Hurdles	1st	11.6 Q		2nd	11.5
		Long Jump				7th	3.61m
	Byron Sutherland	Discus				1st	27.53m
		Cobi Atkin	200M Run			3rd	33.2
			400M Run			1st	01:18.3
			800M Run			2nd	02:54.3
			Long Jump			10th	3.36m
			Edan Brichta	200M Run			2nd
			70M Run			4th	10.9
			Parker Hopkins	1100M Walk			1st
			Discus			2nd	22.88m
			Long Jump			4th	3.89m
			Shot Put			1st	7.36m
			Thomas Parsons	60M Hurdles	2nd	12.0 Q	
		70M Run			5th	10.9	
		Long Jump			2nd	3.94m	
		Shot Put			4th	6.59m	
		Tyran Duffield	1500M Run			1st	05:59.8
		400M Run			3rd	01:20.0	
		U/10 Girls	Isabella Bakewell-Doran	100M Run			8th
		Long Jump			8th	2.87m	
		Jasmine Loades	100M Run			4th	16.3
		400M Run			2nd	01:21.6	
		Long Jump			2nd	3.60m	
	Jemma Cox	Discus			2nd	19.86m	
		Shot Put			2nd	5.58m	
	Megan Aspinall	100M Run			3rd	16.3	
		200M Run			1st	33.3	
		800M Run			2nd	02:54.5	
		Long Jump			3rd	3.51m	
	Mia Nash	1500M Run			1st	05:58.8	
		800M Run			1st	02:51.7	
	Taylah Bryde	60M Hurdles	1st	12.7 Q	3rd	12.7	
		Discus			4th	15.53m	
		Long Jump			4th	3.22m	
		Shot Put			3rd	5.46m	

Zone Representatives 2011-2012								
Age Group	Name	Event	Heat	Heat	Final	Final		
U/11 Boys	Brendan Short	Discus			1st	24.87m		
		Long Jump			6th	3.61m		
		Shot Put			1st	9.11m		
		Triple Jump			3rd	8.03m		
	Darby Lanz	1500M Run				2nd	06:00.2	
		200M Run	3rd	33.5 Q		DNS		
		400M Run				2nd	01:18.5	
		800M Run				4th	02:56.6	
		Harrison Sutherland	60M Hurdles			4th	12.8	
			Discus			2nd	20.34m	
	Shot Put				3rd	7.88m		
		Triple Jump				2nd	8.10m	
		Kye Jefferson	100M Run			7th	17.2	
			200M Run	5th	34.8 q		8th	36.1
	60M Hurdles					2nd	11.9	
	U/11 Girls	Alicia Whelan	Discus			6th	10.08m	
			Long Jump			10th	2.38m	
			Shot Put			3rd	4.51m	
		Anna Davies	100M Run	3rd	16.9 Q		7th	17.1
200M Run						4th	34.3	
Annabelle Cummins		60M Hurdles	2nd	12.8 Q		5th	13.2	
		400M Run				6th	01:34.6	
		60M Hurdles	3rd	13.5 Q		4th	13.1	
		Discus				3rd	14.45m	
		Triple Jump				8th	6.39m	
		Hannah Cullen	1500M Run				4th	06:08.8
800M Run						4th	02:56.3	
Discus						2nd	14.52m	
		Long Jump				2nd	3.81m	
		Larni Cotterill	100M Run	5th	17.4 q		8th	17.2
			400M Run				5th	01:34.3
60M Hurdles			3rd	13.5 Q		6th	13.5	
		Triple Jump				5th	6.99m	
		Lilly Doyle	100M Run	5th	17.8			
	1100 M					1st	09:01.7	
Discus					5th	10.13m		
Paris Fonua	100M Run	1st	15.6 Q		2nd	15.2		
	200M Run				2nd	32.3		
	High Jump				2nd	1.15m		
	Long Jump				4th	3.70m		
Sarah Vandenberg	1100 M				2nd	09:03.8		
	60M Hurdles	5th	14.4					
U/12 Boys	Cameron Boyd	200M Run			6th	32.2		
		Shot Put			1st	7.72m		
	Jock Dockrill	200M Run				5th	31.5	
		60M Hurdles				4th	12.8	
		High Jump				2nd	1.20m	
	Jonti Lanz	100M Run				1st	14.0	
		200M Run				2nd	28.8	
		Discus				1st	25.62m	
		Javelin				2nd	19.21m	
	Lachlan Gallagher	1500M Run				5th	07:29.0	
		400M Run				7th	01:52.4	
		60M Hurdles				7th	15.5	
		Long Jump				7th	3.03m	
	Mason Barry	200M Run				4th	31.1	

Zone Representatives 2011-2012							
Age Group	Name	Event	Heat	Heat	Final	Final	
U/12 Boys	Mason Barry	400M Run			3rd	01:10.8	
		800M Run			2nd	02:48.6	
		Long Jump			2nd	4.43m	
	Matthew Priestley	100M Run			7th	25.2	
		200M Run			7th	50.1	
		400M Run			8th	01:53.2	
U/12 Girls	Caitlin Spencer	800M Run			6th	04:16.4	
		1500 M			2nd	10:39.2	
		Shot Put			4th	03:09.0	
	Chloe Doyle	6th			6th	5.73m	
		100M Run	1st	14.7 Q	1st	14.4	
		200M Run			3rd	30.2	
	Emily Whelan	High Jump			6th	1.15m	
		Long Jump			10th	3.56m	
		High Jump			1st	1.35m	
	Erin Cullen	Molly O'Neill	Long Jump			4th	3.91m
			Shot Put			7th	5.58m
			Triple Jump			3rd	8.56m
		Triple Jump			2nd	8.87m	
		1500 M			1st	10:34.8	
		200M Run			8th	39.2	
	Rose Davies	Sabrina Kliousis	60M Hurdles	3rd	14.2 Q	8th	14.4
			Long Jump			12th	3.13m
			1500M Run			1st	05:12.3 R
400M Run				2nd	01:10.2		
800M Run				1st	02:33.5 R		
100M Run		1st	15.6 Q	3rd	15.5		
U/13 Boys	Nicholas Morgan	Discus			2nd	19.25m	
		Javelin			1st	20.72m R	
		Long Jump			7th	3.71m	
	Thomas Vandenberg	1500M Run			3rd	07:09.7	
		Discus			7th	14.94m	
		Shot Put			4th	6.03m	
U/13 Girls	Angela Williams	100M Run	3rd	15.4 Q	5th	15.1	
		1500M Run			6th	06:55.8	
		200M Hurdles			2nd	33.6	
	Laura Davies	3000M Run			4th	14:30.9	
		Triple Jump			4th	8.70m	
		1500M Run			1st	05:10.8	
	Rebekah Stuart	Ruby Bakewell-Doran	400M Run			1st	01:06.6
			800M Run			1st	02:34.7
			Discus			6th	18.09m
		Javelin			1st	19.75m	
		Long Jump			11th	3.06m	
		Shot Put			3rd	7.07m	
Ruby Bakewell-Doran	Laura Davies	100M Run	1st	14.6 Q	1st	14.3	
		200M Run			2nd	30.0	
		Long Jump			4th	3.88m	
	Rebekah Stuart	100M Run	4th	16.8 q	9th	16.3	
		200M Hurdles			5th	39.3	
		Discus			4th	19.41m	
	Ruby Bakewell-Doran	Javelin			4th	12.64m	
		Long Jump			6th	3.77m	
		Triple Jump			3rd	8.52m	
Ruby Bakewell-Doran	1500M Run			3rd	07:05.3		
	800M Run			2nd	03:03.5		
	High Jump			5th	1.25m		

Zone Representatives 2011-2012							
Age Group	Name	Event	Heat	Heat	Final	Final	
U/13 Girls	Ruby Bakewell-Doran	Long Jump			1st	4.47m	
	Teigan Cotterill	100M Run	3rd	15.3 Q	4th	15.2	
		200M Hurdles			1st	35.2	
		200M Run			3rd	30.8	
		High Jump			4th	1.27m	
		Long Jump			5th	3.83m	
		Triple Jump			2nd	8.90m	
		U/14 Boys	Ross Hodge	100M Run			1st
	Discus				1st	28.11m	
	Triple Jump				3rd	9.71m	
U/14 Girls	Carolina Cacic	1500M Walk			1st	10:07.0	
		Discus			1st	21.47m	
		Javelin			4th	17.03m	
		Long Jump			3rd	4.48m	
		Shot Put			3rd	7.52m	
		Triple Jump			5th	8.52m	
	Emily Nash	1500M Run			1st	05:37.6	
		800M Run			1st	02:39.0	
	Emma Priestley	1500M Run			2nd	05:58.0	
		3000M Run			1st	12:49.8	
		Discus			4th	18.46m	
		High Jump			3rd	1.25m	
		Javelin			5th	16.88m	
	Hannah Jefferson	100M Run			7th	15.3	
		200M Hurdles			2nd	33.5	
		200M Run			4th	31.2	
		80M Hurdles			1st	15.9	
	Leonie Whyman	100M Run			3rd	13.8	
		200M Hurdles			1st	32.8	
	Sian Pickard	1500M Walk			2nd	11:08.4	
		Discus			3rd	18.58m	
		Javelin			1st	22.78m	
Long Jump				6th	3.96m		
Shot Put				1st	7.78m		
U/15 Boys	Jayden Catt	100M Run			2nd	12.7	
		200M Run			2nd	24.9	
		400M Run			2nd	01:00.4	
	Rugby Kliousis	100M Hurdles			2nd	17.4	
		100M Run			4th	14.1	
		200M Hurdles			1st	30.1	
		Discus			2nd	25.54m	
	Sean Fox	Javelin			1st	37.29m	
		1500M Walk			2nd	09:55.5	
		200M Hurdles			3rd	33.2	
	High Jump			2nd	1.45m		
	Triple Jump			4th	10.13m		
	U/15 Girls	Ruby Holt	100M Run			5th	14.6
		200M Run			2nd	28.9	
400M Run				2nd	01:07.6		
800M Run				1st	02:52.8		
Taylor Constantine		1500M Walk			1st	12:05.1	
	90M Hurdles			3rd	21.5		
	Javelin			4th	11.98m		
	Long Jump			6th	4.10m		
	Shot Put			3rd	7.66m		
U/17 Boys	Declan Spencer	200M Hurdles			4th	29.3	
		400M Run			3rd	56.5	

Zone Representatives 2011-2012						
Age Group	Name	Event	Heat	Heat	Final	Final
U/17 Boys	Declan Spencer	800M Run			4th	02:14.6
		Discus			2nd	30.10m
U/17 Girls	Danielle Williams	1500M Run			2nd	07:57.5
		1500M Walk			3rd	11:02.2
		800M Run			1st	03:50.0
		Discus			6th	12.64m
		Shot Put			5th	6.29m
	Kimberley Williams	1500M Run			1st	06:21.0
		1500M Walk			2nd	10:28.4
		3000M Run			1st	14:21.9
		800M Run			2nd	03:50.2
		Javelin			2nd	21.78m
		Shot Put			2nd	10.35m
Jnr Boys	Kellan Barry, Edan Brichta, Darby Lanz, Jonti Lanz	4x100m Relay			1st	01:00.0
Jnr Girls	Emma Hopkins, Megan Aspinall, Paris Fonua, Chloe Doyle	4x100m Relay			1st	01:03.6
Snr Boys	Thomas Vandenberg, Ben Davies, Jayden Catt, Declan Spencer	4x100m Relay			1st	51.0
Snr Girls	Laura Davies, Leonie Whyman, Ruby Holt, Evelyn Holt	4x100m Relay			2nd	56.1

Region Representatives 2011-2012							
Age Group	Name	Event	Heat	Heat	Final	Final	
U/8 Girls	Charlie Sutherland	Discus			6th	11.50m	
	Lara Gallagher	100M Run	7th	19.1			
		400M Run	4th	01:38.3			
		60M Hurdles	3rd	13.3 Q	6th	13.1	
			700M Pack			6th	02:58.9
	Lucca Bakewell-Doran	60M Hurdles	5th	13.3 q	8th	14.3	
			Long Jump			15th	2.41m
U/9 Boys	Aaron Cotterill	70M Run	6th	12.1			
			Shot Put			12th	4.87m
	Daniel Whelan	Long Jump			9th	3.02m	
	Flynn Lanz	700M Walk			1st	04:47.3	
	Flynn Mills	High Jump			8th	0.95m	
	Kellan Barry	100M Run	2nd	15.4 Q	3rd	14.8	
		200M Run	1st	31.0 Q	3rd	31.4	
		70M Run	1st	10.9 Q	3rd	10.8	
			Long Jump			3rd	3.77m
	Luke O'Neill	800M Run			11th	03:22.1	
Vili Pifeleti		Discus			4th	17.78m	
U/9 Girls	Emma Hopkins	100M Run	1st	13.6 Q R	3rd	15.9	
		60M Hurdles	7th	13.1			
		800M Run			3rd	03:06.9	
			Long Jump			1st	3.79m
U/10 Boys	Aaron Stone	Discus			6th	20.82m	
		High Jump			6th	1.20m	
		Shot Put			6th	6.86m	

Region Representatives 2011-2012						
Age Group	Name	Event	Heat	Heat	Final	Final
U/10 Boys	Angus Abbo	60M Hurdles	4th	11.8 q	6th	11.9
	Byron Sutherland	Discus			5th	20.91m
	Cobi Atkin	200M Run	3rd	32.4 Q	8th	35.6
		400M Run	2nd	01:19.1 Q	4th	01:15.4
		800M Run			3rd	02:54.2
	Edan Brichta	200M Run	5th	31.1 q	5th	31.7
	Parker Hopkins	1100M Walk			2nd	07:06.1
		Discus			10th	16.29m
		Shot Put			1st	7.50m
	Thomas Parsons	Long Jump			11th	3.71m
U/10 Girls	Jasmine Loades	400M Run	4th	01:19.5		
		Long Jump			7th	3.50m
	Jemma Cox	Discus			3rd	19.38m
		Shot Put			8th	5.02m
	Megan Aspinall	100M Run	9th	16.6		
		200M Run	2nd	32.8 Q	3rd	32.4
		800M Run			5th	02:56.8
		Long Jump			13th	3.17m
	Mia Nash	1500M Run			1st	05:41.9
		800M Run			1st	02:48.9
U/11 Boys	Taylah Bryde	60M Hurdles	4th	12.7		
		Shot Put			6th	5.40m
	Brendan Short	Discus			3rd	20.93m
		Shot Put			1st	8.91m
		Triple Jump			11th	7.47m
	Darby Lanz	1500M Run			10th	05:53.5
U/11 Girls		400M Run	5th	01:11.2 q	8th	01:13.0
	Harrison Sutherland	Discus			9th	16.81m
		Shot Put			6th	7.62m
		Triple Jump			10th	7.61m
	Kye Jefferson	60M Hurdles	4th	11.1 q	8th	11.7
	Alicia Whelan	Shot Put			15th	4.26m
U/12 Boys	Annabelle Cummins	Discus			16th	11.46m
	Hannah Cullen	Discus			13th	13.87m
		Long Jump			12th	3.62m
	Lilly Doyle	1100M Walk			4th	06:56.1
	Paris Fonua	100M Run	4th	14.7 q	7th	15.1
		High Jump			8th	1.15m
U/12 Girls	Cameron Boyd	Shot Put			7th	7.65m
	Jock Dockrill	60M Hurdles	7th	12.5		
		High Jump			5th	1.25m
	Jonti Lanz	100M Run	1st	13.1 Q	2nd	13.4
		200M Run	3rd	28.3 Q	4th	28.5
		Discus			7th	20.83m
U/12 Boys	Mason Barry	400M Run	2nd	01:09.8 Q	5th	01:09.5
		Long Jump			4th	4.43m
	Caitlin Spencer	1500M Walk			6th	10:48.4
	Chloe Doyle	100M Run	2nd	13.4 Q	3rd	13.4
		200M Run	4th	28.6 q	4th	29.0
	Emily Whelan	High Jump			1st	1.42m
U/12 Girls		Triple Jump			9th	8.54m
	Molly O'Neill	1500M Walk			3rd	10:10.9
	Rose Davies	1500M Run			1st	04:59.9
		400M Run	2nd	01:07.3 Q	3rd	01:06.2
		800M Run			2nd	02:27.7
	Sabrina Kliousis	100M Run	7th	15.0		
	Discus			11th	19.28m	

Region Representatives 2011-2012						
Age Group	Name	Event	Heat	Heat	Final	Final
U/12 Girls	Sabrina Kliousis	Javelin			2nd	23.80m R
	Siobhan Pickard	1500M Run			11th	07:06.1
U/13 Boys	Nicholas Morgan	200M Hurdles	5th	32.4 q	6th	33.2
	Thomas Vandenberg	1500M Run			3rd	04:55.8
		400M Run	4th	01:05.5 q	5th	01:03.8
		800M Run			5th	02:33.4
U/13 Girls	Angela Williams	Javelin			4th	23.79m
	Angela Williams	Shot Put			5th	7.01m
	Laura Davies	100M Run	4th	14.4 q	7th	14.4
		200M Run	7th	30.7		
	Rebekah Stuart	Triple Jump			9th	8.35m
	Ruby Bakewell-Doran	1500M Run			9th	07:02.7
		Long Jump			11th	4.01m
	Teigan Cotterill	200M Hurdles	3rd	33.7 Q	4th	34.4
		200M Run	5th	30.4		
		Triple Jump			3rd	8.99m
U/14 Boys	Ross Hodge	100M Run	4th	13 q	4th	12.8
		Discus			10th	6.01m
U/14 Girls	Carolina Cacic	1500M Walk			4th	09:19.5
		Discus			5th	21.73m
		Long Jump			12th	4.27m
		Shot Put			8th	7.09m
	Emily Nash	1500M Run			4th	05:29.3
		800M Run			5th	02:34.2
	Emma Priestley	1500M Run			6th	05:40.9
		3000M Run			4th	12:23.4
	Hannah Jefferson	200M Hurdles	4th	33.7 q	7th	34.1
		80M Hurdles	3rd	16.2 Q	6th	15.3
	Leonie Whyman	100M Run	2nd	13.7 Q		
		200M Hurdles	3rd	32.8 Q	3rd	32.0
	Sian Pickard	Discus			7th	17.61m
	Javelin			2nd	24.21m	
	Shot Put			7th	7.37m	
U/15 Boys	Jayden Catt	200M Run	3rd	24.5 Q	4th	24.9
	Rugby Kliousis	100M Hurdles	4th	17.4		
		100M Run	7th	13.5		
		200M Hurdles	3rd	29.7		
		Discus			11th	25.64m
		Javelin			6th	38.26m
	Sean Fox	1500M Walk			4th	09:45.7
	High Jump			8th	1.45m	
U/15 Girls	Ruby Holt	200M Run	1st	28.3 Q	4th	27.9
		400M Run	2nd	01:05.1 Q	2nd	01:03.2
		800M Run			5th	02:47.3
	Taylor Constantine	1500M Walk			3rd	10:22.5
		90M Hurdles	5th	21.0		
	Shot Put			8th	7.06m	
U/17 Boys	Declan Spencer	400M Run	2nd	55.4 Q	DNS	
		Discus			6th	29.67m
U/17 Girls	Danielle Williams	1500M Run			8th	07:59.6
		1500M Walk			6th	10:13.8
		800M Run			7th	03:49.6
	Kimberley Williams	1500M Run			5th	06:08.0
		1500M Walk			4th	09:01.6
		800M Run			8th	03:50.4
	Javelin			8th	22.93m	

Region Representatives 2011-2012						
Age Group	Name	Event	Heat	Heat	Final	Final
Jnr Boys	Kellan Barry, Edan Brichta, Darby Lanz, Jonti Lanz	4x100m Relay			2nd	58.0
Jnr Girls	Emma Hopkins, Megan Aspinall, Paris Fonua, Chloe Doyle	4x100m Relay			2nd	59.0
Snr Boys	Thomas Vandenberg, Ben Davies, Jayden Catt, Declan Spencer	4x100m Relay			2nd	51.0

State Representatives 2011-2012						
Age Group	Name	Event	Heat	Heat	Final	Final
U/9 Boys	Flynn Lanz	700M Walk			11th	04:22.4
	Kellan Barry	100M Run	4th	15.14		
		200M Run	4th	30.88		
		70M Run	6th	11.12		
		Long Jump			20th	3.26m
U/9 Girls	Emma Hopkins	100M Run	6th	15.83		
		Long Jump			11th	3.48m
U/10 Boys	Cobi Atkin	800M Run	10th	02:48.9		
	Parker Hopkins	1100M Walk			5th	06:17.0
		Shot Put			12th	8.13m
U/10 Girls	Jemma Cox	Discus			10th	21.82m
	Megan Aspinall	200M Run	7th	32.4		
	Mia Nash	1500M Run			4th	05:26.7
		800M Run	2nd	02:41.3 Q		
		800M Run			3rd	02:36.7
U/11 Boys	Brendan Short	Discus			23rd	20.52m
		Shot Put			22nd	8.01m
U/12 Boys	Jonti Lanz	100M Run	4th	13.27 q		
		100M Run			5th	13.21
		200M Run	6th	28.14		
U/12 Girls	Chloe Doyle	100M Run	2nd	13.8 Q		
		100M Run			5th	13.68
		200M Run	5th	28.22		
	Emily Whelan	High Jump			5th	1.40m
	Molly O'Neill	1500M Walk			18th	10:01.8
	Rose Davies	1500M Run			1st	04:56.3
		800M Run	3rd	02:32.5 Q	3rd	02:25.9
	Sabrina Kliousis	Javelin			6th	24.31m
U/13 Boys	Thomas Vandenberg	1500M Run			11th	04:56.7
		400M Run	5th	01:03.6		
U/13 Girls	Angela Williams	Javelin			18th	14.76m
	Teigan Cotterill	Triple Jump			18th	8.55m
U/14 Girls	Emily Nash	1500M Run			11th	05:16.5
	Emma Priestley	3000M Run			9th	11:34.4
	Leonie Whyman	200M Hurdles	6th	32.53		
	Sian Pickard	Javelin			18th	22.07m
U/15 Boys	Rugby Kliousis	200M Hurdles	6th	30.61		
		Javelin			7th	39.25m
	Sean Fox	1500M Walk			9th	08:31.4
U/15 Girls	Ruby Holt	400M Run	6th	01:05.1		
U/17 Girls	Danielle Williams	1500M Walk			16th	10:16.6
	Kimberley Williams	1500M Walk			11th	09:13.5

CLUB STATE MEDALISTS TO DATE

GOLD Medalists to date					
Name	Age Group	Event	Place	Result	Year
Rose Davies	U/12 Girls	Cross Country	1st	N/A	2012
Rose Davies	U/12 Girls	1500m Run	1st	4:56.30	2012
Rose Davies	U/11 Girls	Cross Country	1st	N/A	2011
Rose Davies	U/11 Girls	1500m Run	1st	5:05.92	2011
Mason Boyd	U/10 Boys	High Jump	1st	1.40	2009
SILVER Medalists to date					
Name	Age Group	Event	Place	Result	Year
Jack Derwin	U/17 Boys	Javelin	2nd	54.32	2011
Laura Bonzo	U/17 Girls	100m Run	2nd	12.43	2010
Laura Bonzo	U/17 Girls	200m Run	2nd	25.20	2010
Erin Cullen	U/9 Girls	100m Run	2nd	14.95	2009
Laura Bonzo	U/15 Girls	200m Run	2nd	25.50	2009
Ethan Millward	U/15 Boys	400m Run	2nd	52.80	2006
Sophie Stanwell	U/15 Girls	100m Run	2nd	12.20	2006
Brady Wyatt	U/9 Boys	Shot Put	2nd	8.54	2006
Sophie Stanwell	U/14 Girls	Long Jump	2nd	5.39	2005
BRONZE Medalists to date					
Name	Age Group	Event	Place	Result	Year
Rose Davies	U/12 Girls	800m Run	3rd	2:25.90	2012
Mia Nash	U/10 Girls	800m Run	3rd	2:36.70	2012
Rose Davies	U/11 Girls	800m Run	3rd	2:31.13	2011
Alexandra Holt	U/17 Girls	100m Run	3rd	12.83	2010
William Dawes	U/15 Boys	3000m Run	3rd	9:38.91	2008
Hannah Southwell	U/9 Girls	Shot Put	3rd	7.14	2008

CURRENT CLUB RECORDS AS AT COMPLETION OF SEASON 2011-2012

Age	Event	Record	Record Holder	Date	
U/6 BOYS	100M Run	19.00	Ryan Matthews	08/12/2000	
	200M Run	42.50	Ryan Glanville	07/02/2003	
	300M Pack Start	1-07.00	Harrison Lyddiard	03/03/2006	
	50M Run	9.81	Harrison Lyddiard	18/11/2005	
	70M Run	13.60	Jonti Lanz	24/02/2006	
	70M Run	13.60	Harrison Lyddiard	24/02/2006	
	Discus	13.63	Brendan Short	16/02/2007	
	Long Jump	2.61	Ryan Matthews	23/02/2001	
	Shot Put	5.72	Samuel Curzi	17/10/2003	
	U/7 BOYS	100M Run	17.90	Jonti Lanz	12/01/2007
200M Run		37.29	Harrison Lyddiard	23/02/2007	
500M Pack Start		1-52.40	Ryan Glanville	06/03/2004	
50M Run		9.00	Ryan Glanville	17/10/2003	
70M Run		12.23	Justin Kinniard	23/02/2007	
Discus		17.47	Kellan Barry	26/02/2010	
Long Jump		3.38	Phillip McLeish	02/02/1994	
Shot Put		7.7	Daniel Hincks	12/12/1997	
U/8 BOYS	100M Run	16.50	Kellan Barry	14/01/2011	
	200M Run	34.52	Kellan Barry	21/01/2011	
	400M Run	1-22.70	Kellan Barry	04/03/2011	
	50M Run	8.02	Antonee Burke	07/10/2005	
	60M Hurdles	12.30	Thomas Parkinson	10/01/1997	
	700M Pack Start	2-41.90	Antonee Burke	10/03/2006	
	70M Run	11.81	Kellan Barry	03/12/2010	
	Discus	20.18	Brady Wyatt	14/10/2005	
	Long Jump	3.49	Thomas Parkinson	17/01/1997	
	Shot Put	7.89	Samuel Curzi	10/03/2006	
	U/9 BOYS	100M Run	15.20	Thomas Parkinson	24/10/1997
200M Run		32.90	Brady Wyatt	16/12/2005	
400M Run		1-17.50	Antonee Burke	05/01/2007	
60M Hurdles		11.37	Brady Wyatt	18/11/2005	
700M Walk		4-10.10	Elliot Waters	03/03/2000	
70M Run		11.00	Antonee Burke	05/01/2007	
70M Run		11.00	Ashley Smith	25/01/2002	
800M Run		3-01.50	Antonee Burke	24/11/2006	
Discus		21.51	Parker Hopkins	03/12/2010	
High Jump		1.16	Brady Wyatt	24/02/2006	
Long Jump		3.89	Brady Wyatt	03/03/2006	
Shot Put		8.19	Samuel Curzi	02/03/2007	
U/10 BOYS		100M Run	14.75	Jonti Lanz	05/03/2010
		1100M Walk	6-20.10	Elliot Waters	19/01/2001
	1500M Run	5-44.90	Mason Boyd	05/12/2008	
	200M Run	30.82	Jonti Lanz	05/03/2010	
	400M Run	1-14.20	James Virgili	22/02/2002	
	60M Hurdles	11.40	Peter Avestas	26/01/2001	
	70M Run	10.50	Jonti Lanz	26/02/2010	
	800M Run	2-44.90	James Virgili	21/01/2002	
	Discus	27.54	Byron Sutherland	16/12/2011	
	High Jump	1.33	Mason Boyd	17/10/2008	
	Long Jump	4.27	Thomas Parkinson	05/02/1999	
	Shot Put	9.19	Brendan Short	04/03/2011	
	U/11 BOYS	100M Run	14.34	Antonee Burke	14/11/2008
1100M Walk		6-14.70	Elliot Waters	04/01/2002	
1500M Run		5-12.30	James Virgili	01/11/2002	
200M Run		29.40	Jonti Lanz	21/01/2011	

Age	Event	Record	Record Holder	Date
U/11 BOYS	3000M Run	11-02.60	James Virgili	25/10/2002
	400M Run	1-08.30	James Virgili	22/11/2002
	60M Hurdles	10.80	Thomas Parkinson	21/01/2000
	800M Run	2-34.70	James Virgili	13/12/2002
	Discus	30.5	Steven Sefo	06/11/1998
	High Jump	1.33	Harry Wilson	12/02/1999
	Long Jump	4.44	Matthew Holmes	08/03/2002
	Shot Put	11.78	Steven Sefo	18/12/1998
	Triple Jump	8.89	Thomas Parkinson	28/01/2000
	U/12 BOYS	100M Run	13.87	James Mace
1500M Run		5-16.50	Thomas Vandenberg	11/02/2011
1500M Walk		8-12.00	Elliot Waters	07/02/2003
200M Run		28.53	James Mace	29/10/2010
3000M Run		11-15.30	Thomas Vandenberg	04/02/2011
400M Run		1-04.80	James Mace	15/10/2010
60M Hurdles		10.71	Jayden Broderick	19/10/2007
800M Run		2-35.80	Thomas Vandenberg	29/10/2010
Discus		26.55	Jonti Lanz	13/01/2012
High Jump		1.38	Ethan Millward	13/12/2002
Javelin		27.6	James Mace	22/10/2010
Long Jump		4.5	James Mace	12/11/2010
Shot Put		9.23	James Mace	26/11/2010
Triple Jump		9.39	Harry Wilson	28/01/2000
U/13 BOYS		100M Run	13.60	Mansell Laidler
	1500M Run	5-13.30	William Dawes	24/11/2006
	1500M Walk	8-29.00	Elliot Waters	07/11/2003
	200M Hurdles	32.52	Ross Hodge	04/03/2011
	200M Run	27.60	Mansell Laidler	29/11/1996
	3000M Run	11-23.10	Thomas Vandenberg	21/10/2011
	400M Run	1-02.82	Brandon Brown	10/02/2006
	800M Run	2-31.70	Thomas Vandenberg	11/11/2011
	80M Hurdles	15.20	Mansell Laidler	18/10/1996
	80M Hurdles	15.20	Aaron Eather	12/02/1999
	Discus	23.43	Ross Hodge	28/01/2011
	High Jump	1.45	Brayden Schaefer	11/02/2008
	Javelin	29.25	Jack Derwin	09/03/2007
	Long Jump	4.69	Ethan Millward	26/09/2003
	Shot Put	10.56	Aaron Eather	05/03/1999
Triple Jump	10.1	Sean Fox	11/12/2009	
U/14 BOYS	100M Run	12.76	Brandon Brown	12/01/2007
	1500M Run	5-00.50	Declan Spencer	04/12/2009
	1500M Walk	8-20.60	Elliot Waters	29/10/2004
	200M Hurdles	30.73	Duncan Burns	05/02/2010
	200M Run	25.42	Ethan Millward	28/11/2004
	3000M Run	10-58.50	William Dawes	02/03/2007
	400M Run	59.10	Ethan Millward	17/12/2004
	800M Run	2-26.50	Declan Spencer	12/03/2010
	90M Hurdles	14.20	Mansell Laidler	13/03/1998
	Discus	35.18	Simon Akers	04/02/2005
	High Jump	1.6	Brayden Schaefer	19/12/2008
	Javelin	35.12	Jack Derwin	01/02/2008
	Long Jump	5.13	Mansell Laidler	13/02/1998
	Shot Put	12.1	Simon Akers	17/12/2004
	Triple Jump	10.53	Lucas Millward	26/02/2010
U/15 BOYS	100 Metre Hurdles	16.20	Mansell Laidler	13/11/1998
	100M Run	11.86	Hamish Lorang	28/10/2011
	1500M Run	4-57.70	Elliot Waters	28/10/2005
	1500M Walk	7-58.80	Elliot Waters	10/03/2006

Age	Event	Record	Record Holder	Date	
U/15 BOYS	200M Hurdles	27.08	Hamish Lorang	28/10/2011	
	200M Run	24.91	Hamish Lorang	11/11/2011	
	3000M Run	10-50.30	Elliot Waters	21/10/2005	
	400M Run	56.48	Declan Spencer	15/10/2010	
	800M Run	2-24.90	Elliot Waters	16/12/2005	
	Discus	40.47	Declan Spencer	28/01/2011	
	High Jump	1.65	Hamish Lorang	11/11/2011	
	Javelin	40.48	Jack Derwin	05/12/2008	
	Long Jump	5.63	Ethan Millward	24/02/2006	
	Shot Put	12.88	Jack Derwin	21/11/2008	
	Triple Jump	11.98	Ethan Millward	16/12/2005	
	U/17 BOYS	100 Metre Hurdles	16.32	Duncan Burns	20/01/2012
		100M Run	11.86	Tim Marsh	28/01/2011
		1500M Run	5-15.70	Declan Spencer	04/11/2011
1500M Walk		10-02.10	Brandon Brown	10/10/2008	
200M Hurdles		27.87	Joshua Limond	15/10/2010	
200M Run		24.49	Tim Marsh	01/10/2010	
400M Run		55.90	Declan Spencer	21/10/2011	
800M Run		2-10.40	David Skinner	01/10/2010	
Discus		41.03	Jack Derwin	25/02/2011	
High Jump		1.58	Joshua Limond	21/01/2011	
Javelin		50.8	Jack Derwin	03/12/2010	
Long Jump		5.47	Tim Marsh	11/03/2011	
Shot Put		12.38	Jack Derwin	04/03/2011	
Triple Jump		12.19	Duncan Burns	20/01/2012	
U/6 GIRLS	100M Run	19.90	Ashley-Lea Condon	11/02/2000	
	200M Run	42.90	Ashley-Lea Condon	14/01/2000	
	300M Pack Start	1-10.70	Ashley-Lea Condon	25/02/2000	
	50M Run	10.10	Ashley-Lea Condon	25/02/2000	
	70M Run	14.30	Ashley-Lea Condon	04/02/2000	
	Discus	11.62	Isabel Palmer	23/02/2007	
	Long Jump	2.47	Ashley-Lea Condon	21/01/2000	
	Shot Put	4.98	Angela Williams	18/02/2005	
	U/7 GIRLS	100M Run	18.51	Erin Cullen	02/02/2007
200M Run		40.79	Erin Cullen	08/12/2006	
500M Pack Start		2-01.70	Emma Hopkins	26/02/2010	
50M Run		9.01	Erin Cullen	02/03/2007	
70M Run		12.74	Erin Cullen	26/01/2007	
Discus		14.64	Payge-Louise Condon	06/03/2004	
Long Jump		2.96	Emma Hopkins	12/02/2010	
Shot Put		6.6	Ashley-Lea Condon	16/02/2001	
U/8 GIRLS		100M Run	17.54	Erin Cullen	16/11/2007
	200M Run	36.00	Bethany Tredinnick	07/02/1997	
	400M Run	1-28.70	Tahlia Farrant	27/11/1998	
	50M Run	8.81	Erin Cullen	14/12/2007	
	60M Hurdles	12.14	Emma Hopkins	04/03/2011	
	700M Pack Start	2-49.30	Tahlia Farrant	13/11/1998	
	70M Run	12.07	Erin Cullen	11/01/2008	
	Discus	15.44	Hannah Southwell	02/03/2007	
	Long Jump	3.16	Emma Hopkins	25/02/2011	
	Shot Put	7.15	Hannah Southwell	09/03/2007	
U/9 GIRLS	100M Run	16.09	Emma Hopkins	16/03/2012	
	200M Run	34.32	Erin Cullen	03/10/2008	
	400M Run	1-21.30	Megan Aspinall	07/01/2011	
	60M Hurdles	11.91	Emma Hopkins	28/10/2011	
	700M Walk	4-28.90	Carolina Cacic	26/01/2007	
	70M Run	11.35	Erin Cullen	03/10/2008	
	800M Run	3-09.80	Megan Aspinall	11/03/2011	

Age	Event	Record	Record Holder	Date	
U/9 GIRLS	Discus	19.48	Ashley-Lea Condon	31/01/2003	
	Discus	19.48	Hannah Southwell	29/02/2008	
	High Jump	1.05	Kate O'Brien	31/10/1997	
	High Jump	1.05	Ebony Mellon	23/01/2004	
	Long Jump	3.72	Emma Hopkins	17/02/2012	
	Shot Put	7.72	Hannah Southwell	19/10/2007	
U/10 GIRLS	100M Run	15.45	Erin Cullen	30/10/2009	
	1100M Walk	7-01.30	Georgia Bell	16/11/2001	
	1500M Run	5-59.60	Mia Nash	24/02/2012	
	200M Run	32.92	Laura Bonzo	09/01/2004	
	400M Run	1-14.30	Mia Nash	09/12/2011	
	60M Hurdles	12.05	Laura Bonzo	14/11/2003	
	70M Run	10.86	Laura Bonzo	19/12/2003	
	800M Run	2-51.20	Mia Nash	11/11/2011	
	Discus	25.54	Hannah Southwell	19/12/2008	
	High Jump	1.28	Carolina Cacic	14/12/2007	
	High Jump	1.28	Leonie Whyman	14/12/2007	
	Long Jump	3.94	Laura Bonzo	28/11/2003	
	Shot Put	8.36	Ashley-Lea Condon	13/02/2004	
	U/11 GIRLS	100M Run	14.64	Erin Cullen	25/02/2011
1100M Walk		6-11.80	Georgia Bell	20/12/2002	
1500M Run		5-21.90	Rose Davies	11/02/2011	
200M Run		30.77	Ashley-Lea Condon	26/11/2004	
3000M Run		11-22.90	Rose Davies	04/02/2011	
400M Run		1-10.60	Rose Davies	04/02/2011	
60M Hurdles		11.69	Erin Cullen	04/03/2011	
800M Run		2-40.20	Rose Davies	11/03/2011	
Discus		19.15	Angela Williams	08/01/2010	
High Jump		1.3	Emily Whelan	25/02/2011	
Long Jump		4.09	Ashley-Lea Condon	25/02/2005	
Shot Put		9.5	Ashley-Lea Condon	26/11/2004	
Triple Jump		8.67	Erin Cullen	03/12/2010	
U/12 GIRLS		100M Run	14.34	Ashley-Lea Condon	11/11/2005
	1500M Run	5-19.70	Rose Davies	13/01/2012	
	1500M Walk	9-32.30	Kate Frizza	10/12/1999	
	200M Run	30.42	Erin Cullen	11/11/2011	
	3000M Run	11-17.20	Rose Davies	28/10/2011	
	400M Run	1-09.30	Erin Cullen	21/10/2011	
	60M Hurdles	11.45	Ashley-Lea Condon	18/11/2005	
	800M Run	2-47.40	Erin Cullen	11/11/2011	
	Discus	21.45	Carolina Cacic	05/03/2010	
	High Jump	1.43	Emily Whelan	24/02/2012	
	Javelin	22.14	Sabrina Kliousis	17/02/2012	
	Long Jump	4.3	Holly Ibbotson	02/03/2001	
	Shot Put	10.88	Ashley-Lea Condon	18/11/2005	
	Triple Jump	9.04	Ashley-Lea Condon	27/01/2006	
	U/13 GIRLS	100M Run	14.04	Laura Bonzo	27/10/2006
		1500M Run	5-26.80	Emily Nash	11/02/2011
1500M Walk		9-37.90	Abbie Waters	09/01/2009	
200M Hurdles		33.60	Elina Sefo	12/02/1999	
200M Run		28.50	Elina Sefo	11/12/1998	
3000M Run		11-42.80	Emily Nash	04/03/2011	
400M Run		1-08.44	Alexandra Holt	10/02/2006	
800M Run		2-42.90	Emily Nash	11/03/2011	
80M Hurdles		15.95	Sophie Stanwell	17/10/2003	
Discus		27.4	Elina Sefo	12/02/1999	
High Jump		1.44	Sophie Stanwell	30/01/2004	
Javelin		20.82	Angela Williams	16/03/2012	

Age	Event	Record	Record Holder	Date
U/13 GIRLS	Long Jump	4.37	Ruby Bakewell-Doran	16/03/2012
	Shot Put	10.06	Elina Sefo	18/12/1998
	Triple Jump	9.07	Ashley-Lea Condon	03/11/2006
U/14 GIRLS	100M Run	13.51	Alexandra Holt	27/10/2006
	1500M Run	5-34.20	Emily Nash	04/11/2011
	1500M Walk	9-27.90	Abbie Waters	16/10/2009
	200M Hurdles	32.39	Laura Bonzo	14/12/2007
	200M Run	27.89	Laura Bonzo	07/03/2008
	3000M Run	12-58.50	Emma Priestley	20/01/2012
	400M Run	1-06.80	Alexandra Holt	20/10/2006
	800M Run	2-39.90	Ruby Holt	18/02/2011
	80M Hurdles	15.60	Laura Bonzo	14/12/2007
	Discus	23.07	Carolina Cacic	20/01/2012
	High Jump	1.55	Sophie Stanwell	26/11/2004
	Javelin	19.88	Elle Stanwell	01/11/2002
	Javelin	23.1	Sian Pickard	23/09/2011
	Long Jump	4.65	Sophie Stanwell	18/02/2005
	Shot Put	9.72	Emma Derwin	13/02/2004
	Triple Jump	9.3	Laura Bonzo	23/11/2007
	U/15 GIRLS	100M Run	12.87	Laura Bonzo
1500M Run		5-50.30	Penelope Nash	26/11/1999
1500M Walk		9-42.10	Kimberley Williams	25/02/2011
200M Hurdles		31.33	Sophie Stanwell	18/11/2005
200M Run		26.54	Laura Bonzo	30/01/2008
3000M Run		12-58.00	Sereena King	21/11/1997
400M Run		1-04.50	Laura Bonzo	17/10/2008
800M Run		2-47.60	Penelope Nash	25/02/2000
90M Hurdles		16.02	Sophie Stanwell	10/02/2006
Discus		24.24	Emma Derwin	29/10/2004
High Jump		1.58	Sophie Stanwell	16/12/2005
Javelin		22.2	Kimberley Williams	22/10/2010
Long Jump		5.28	Sophie Stanwell	10/03/2006
Shot Put		10.64	Emma Derwin	14/01/2005
Triple Jump		10.79	Laura Bonzo	27/02/2008
U/17 GIRLS	100 Metre Hurdles	18.29	Laura Bonzo	27/11/2009
	100M Run	12.76	Laura Bonzo	30/10/2009
	1500M Run	6-07.10	Alexandra Holt	15/01/2010
	1500M Walk	9-30.10	Kimberley Williams	18/11/2011
	200M Hurdles	32.79	Laura Tredinnick	15/10/2010
	200M Run	25.77	Laura Bonzo	01/10/2010
	400M Run	1-03.80	Laura Bonzo	27/11/2009
	800M Run	2-47.30	Alexandra Holt	27/02/2008
	Discus	22.9	Alexandra Holt	15/01/2010
	High Jump	1.45	Sophie Stanwell	30/11/2007
	Javelin	22.24	Kimberley Williams	13/01/2012
	Long Jump	4.76	Olivia Catt	04/12/2009
	Shot Put	8.64	Ashley-Lea Condon	29/10/2010
	Triple Jump	9.57	Alexandra Holt	27/02/2008

LIFE MEMBERS AS AT COMPLETION OF SEASON 2011-2012

Name	Year
David Holt	2012
Michael Waters	2011
Sharon Derwin	2011

MEMBERS 2011-2012		
Age Group	Rego	Name
Tots Boys	250	Andrew Fothergill
	702	Ashton Dryden
	716	Baxter Taylor
	248	Benjamin Keeling
	279	Cameron Wright
	124	Cohen Jackson
	145	Cooper Olds
	200	Elliot Graham
	119	Finn Callen
	688	Gus Barclay
	241	Jack Van Esveld
	686	Jake Dahl
	723	Jem Fidyk
	111	Joshua Cox
	35	Jude Smith
	229	Korey McKillop-Davies
	204	Mathew Mellon
	125	Tarj Jackson
	94	Toby Moloney
221	Tom Trench	
212	William Kirkman	
139	Wilson Tolhurst	
283	Xavier Crisp	
U/6 Boys	63	Antony Argyrakis
	701	Caydon Dryden
	147	Charlie Rooney
	693	Charlie Stevenson
	187	Cooper Vimpani
	74	Eli Fotheringham
	112	Harrison Walker
	245	Isaac Edden
	52	Jack Duffield
	220	Jacob Trench
	156	Jamie Lloyd
726	Jeremy Smith	

MEMBERS 2011-2012		
Age Group	Rego	Name
U/6 Boys	121	Joseph Cummins
	172	Quinn Allan-Denniss
	224	Taimana Elers
	706	Toby Smith
U/7 Boys	184	Tyson Baker
	152	Ben Van Dorssen
	55	Brendan Palmer
	179	Daniel Martinelli
	209	Jack Connors
	133	Jarrett Slavin-Gay
	21	Kai Jones
	170	Lachlan Bryde
	31	Matthew Kacev
	105	Max McGavern
	173	Nikolas Patsan
U/8 Boys	75	Shay McKillop-Davies
	107	Sonny Carpenter
	276	Timothy Davies
	43	Aidan Taggart
	99	Cameron Short
	201	Corbin Debeljak
	32	Daniel Kacev
	92	Jacob Hyde
	18	Jacob Irwin
	16	James Ackerman
	207	Luke Richens
732	Matthew Brain	
188	Patrick Hinchey	
38	Ryley Twiss	
719	Samuel Burgess	
217	Timana Fonua	
66	William Argyrakis	
735	William Blanch	
722	Ziggy Fletcher	
U/9 Boys	103	Aaron Cotterill

MEMBERS 2011-2012		
Age Group	Rego	Name
U/9 Boys	687	Alexander Griffin
	238	Alexander Paterson
	186	Ashton Robinson
	157	Christopher Lloyd
	137	Daniel Whelan
	65	Flynn Lanz
	694	Flynn Mills
	109	Hugh Pinkerton
	37	Jordan Surjan
	100	Kellan Barry
	9	Luke O'Neill
	195	Nathan Parry
	721	Noah Fenton
	118	Sakeel Balfour Brown
695	Vili Pifeleti	
U/10 Boys	244	Aaron Stone
	89	Alvin Charles
	192	Angus Abbo
	164	Byron Sutherland
	151	Cobi Atkin
	281	Dayne Crumpton
	141	Declan O'Donnell
	222	Edan Brichta
	280	Jak Bozinovski
	178	James Wilkins
	282	Jamieson Crisp
	729	Jordan Maloney
	185	Joseph Hinchey
	29	Lachlan Morrison
49	Lachlan Norgard	
146	Lewis Rooney	
61	Logan Boland	
117	Nasser Balfour Brown	
72	Nicholas Govan	
46	Parker Hopkins	

MEMBERS 2011-2012		
Age Group	Rego	Name
U/10 Boys	114	Taris Eaton
	237	Thomas Parsons
	53	Tyran Duffield
U/11 Boys	108	Angus Pinkerton
	40	Brendan Short
	96	Callan Brain
	64	Darby Lanz
	2	Harrison Sutherland
	733	Jack Piper
	189	Jacob Duggan
U/12 Boys	232	Kye Jefferson
	705	Owen Hunt
	234	Sebastian McComb
	127	Stephen Fityus
	208	Cameron Boyd
	728	Ciaran Burdekin
	56	Jock Dockrill
U/13 Boys	62	Jonti Lanz
	717	Lachlan Gallagher
	98	Mason Barry
	33	Matthew Priestley
	690	Mitchell Robinson
	205	Sione Puliueva
	123	Connor Wild
	19	Daniel Watling
	171	Jack Smith
	704	James Diemar
U/14 Boys	202	Lewis Debeljak
	158	Luke Barron
	126	Nicholas Morgan
	142	Riley Archibald
	88	Thomas Vandenberg
	235	Austin McComb
	300	Ben Davies
	20	Ross Hodge

MEMBERS 2011-2012			
Age Group	Rego	Name	
U/15 Boys	227	Hamish Lorang	
	159	Jake Graham	
	50	Jayden Catt	
	214	Mikey Cominos	
	69	Rugby Kliousis	
	39	Sean Fox	
	206	Viko Puliueva	
	U/17 Boys	215	Alexi Cominos
		161	Declan Spencer
		51	Duncan Burns
5		Lucas Millward	
83		Michael Squires	
Tots Girls	727	Alivia Burke	
	724	Amy Salmon	
	113	April Walker	
	714	Bella Baker	
	15	Erin Ackerman	
	182	Gabrielle Andrei	
	60	Ivie Boland	
	80	Lucy Newing	
	700	Makayla Morgan	
	134	Matilda Slavin-Gay	
U/6 Girls	211	Mia Brown	
	710	Mia Stanger	
	174	Savarna Patsan	
	180	Sienna Martinelli	
	22	Sienna Taggart	
	93	Sienna Walker	
	85	Taya Wallace	
	193	Allirah Mayers	
	181	Charlotte Andrei	
	26	Charlotte Jones	
	210	Ella Brown	
	30	Emma Kacev	
	247	Eve Keeling	

MEMBERS 2011-2012		
Age Group	Rego	Name
U/6 Girls	104	Hannah Johns
	708	Jazmyn Burke
	166	Juliet Murray
	240	Lilli Pusey
	86	Mia Wallace
	175	Milly Hilton
	249	Poppy Doran
	730	Rebecca Hart
	95	Rosalie Etwell
	42	Zahra Bennett
U/7 Girls	230	Aislynn Mills
	77	Alexandria Smith
	78	Ava Rafty
	90	Cheryl Charles
	23	Chloe Priestley
	138	Elsa Tolhurst
	231	Erin Tucker
	196	Grace Parry
	81	Jennifer Newing
	122	Jessie Cummins
U/8 Girls	219	Lily Trench
	132	Mia Pollard
	36	Ruby Surjan
	692	Scarlett Murrell
	697	Sienna Thompson
	285	Sophia Majdandzic
	239	Tayla Grimes
	226	Zara Paterson
	73	Abbey Fotheringham
	70	Abby Fuller
	715	Amelia Evans
	696	Caitlin Pusey
	165	Charli Sutherland
	79	Eden Barnett
	97	Ellen Hughes

MEMBERS 2011-2012		
Age Group	Rego	Name
U/8 Girls	144	Georgia Olds
	116	Hannah Smith
	48	Jessica Norgard
	91	Kylie Crossley
	718	Lara Gallagher
	167	Lauren Murray
	150	Lucca Bakewell-Doran
	155	Madeleine McLoughlin
	228	Niamh Thompson
	115	Ravelle Eaton
	140	Sia O'Donnell
	129	Sophia Noncic
U/9 Girls	703	Alira Greaves
	709	Chloe Nixon
	177	Ella Bedow
	223	Emma Buckingham
	47	Emma Hopkins
	57	Kira Smith
	183	Laura Robinson
	34	Lillian Smith
	190	Lily Duggan
	699	Natalya Morgan
725	Tahlia Hirst	
U/10 Girls	106	Amelia Carpenter
	711	Chloe Adams
	243	Chloe Flavel
	284	Claudia Majdandzic
	17	Elley Irwin
	194	Emma Droop
	149	Isabella Bakewell-
	199	Jasmine Loades
	110	Jemma Cox
	153	Lara Van Dorssen
225	Lucinda Paterson	
12	Megan Aspinall	

MEMBERS 2011-2012		
Age Group	Rego	Name
U/10 Girls	163	Mia Nash
	236	Sophia McComb
	169	Taylah Bryde
U/11 Girls	136	Alicia Whelan
	277	Anna Davies
	120	Annabelle Cummins
	720	Britney Fenton
	27	Elizah Howard
	4	Hannah Cullen
	713	Holly Oldham
	54	Isabel Palmer
	131	Jessie Nixon
	102	Larni Cotterill
	14	Lilly Doyle
	128	Lucie Fityus
U/12 Girls	689	Mackenzie Foster
	67	Paige Kerby
	216	Paris Fonua
	176	Piper Kline
	84	Sarah Vandenberg
	191	Aliza O'Brien
	160	Caitlin Spencer
	13	Chloe Doyle
	135	Emily Whelan
	3	Erin Cullen
41	Isabell Delaurentis	
707	Julia Rodriguez-Saco	
6	Molly O'Neill	
203	Olivia Mellon	
82	Rose Davies	
68	Sabrina Kliousis	
10	Siobhan Pickard	
76	Tomeeka McKillop-	
U/13 Girls	44	Angela Williams
	87	Britta Meany

MEMBERS 2011-2012		
Age Group	Rego	Name
U/13 Girls	130	Caitlin Noncic
	242	Eva Tew
	198	Gabbie Loades
	143	Grace Whitaker
	278	Laura Davies
	154	Rebekah Stuart
	148	Ruby Bakewell-Doran
	218	Siane Fonua
	213	Sophie Cominos
	168	Tegan Bryde
U/14 Girls	101	Teigan Cotterill
	71	Alex Govan
	698	Carolina Cacic
	162	Emily Nash
	24	Emma Priestley
	233	Hannah Jefferson
	59	Jaimie Soper
	712	Lauren Adams
	45	Leonie Whyman
	25	Sian Pickard
U/15 Girls	246	Maia Hughes
	8	Ruby Holt
	691	Taylor Constantine
U/17 Girls	197	Abbie Waters
	1	Danielle Williams
	7	Evelyn Holt
	58	Grace Limond
	28	Kimberley Williams
	731	Rosie Dallen

APPLICATION FOR MEMBERSHIP OF ASSOCIATION

.....Incorporated
(Little Athletics Centre)

I,
(Full name of applicant)

of
(Address)

.....hereby apply to become a
(Occupation)

member of the above named Little Athletics Centre. In the event of my admission as a member, I agree to be bound by the rules of The Centre for the time being in force.

.....
Signature of applicant

Date

I, a member of The Centre
(full name)

Nominate the applicant, who is personally known to me, for membership of The Centre

.....
Signature of proposer

Date

I, a member of The Centre
(full name)

Second the nomination of the applicant, who is personally known to me, for membership of The Centre.

.....
Signature of seconder

Date