

Steve 15  
Tom 16

# ADAMSTOWN - NEW LAMBTON LITTLE ATHLETICS CENTRE Inc.



**1996-97**

## **REGISTRATIONS**

**WHO:** Boys and Girls from under 4 through to 15 of any ability or disability.

**WHERE:** Alder Park - behind Alder Park Bowling Club off Bridges Road, New Lambton

**WHEN:** Friday 23 August  
Friday 30 August from 4 pm to  
Friday 6 September 5.30 pm

And then each Friday onwards

BE SURE TO BRING PROOF OF BIRTH OR  
LAST YEARS LA REGISTRATION NUMBER

### **FEEES**

TINY TOTS	\$17.00
UNDER 6	\$19.00
UNDER 7-15	\$27.00

### **COMPETITION**

Competition nights will start Friday 13 September at 5 pm

### **ATHLETIC INSTRUCTION**

Please watch the notice board for the starting date.

**ADAMSTOWN - NEW LAMBTON LITTLE ATHLETICS**  
**CENTRE INC**

**COMMITTEE 1996-97**

**PRESIDENT:**

~~ERROL RAINS~~ Tony.

514685

**VICE PRESIDENT:**

37 Cunambi St Wallsend.  
CRAIG PARKINSON.

571272

**SECRETARY:**

PAT HOLLIS.

522913,

37 WOOD ST  
ADAMSTOWN

**TREASURER:**

RAY RAMAGE

523386

**REGISTRAR:**

ISABELL WIBBERLEY

570281

**EQUIPMENT OFFICER:**

JOHN WIBBERLEY.

570281

**CANTEEN SUPERVISOR:**

VICKI LAIDLER.

**STATISTIAN:**

ISABELL WIBBERLEY

**ZONE DELEGATES:**

~~GRAHAME NASH and GAVIN KRSTINOVSK~~

**CARNIVAL**

**TEAM MANAGERS:**

Coach - Craig.  
TONY and CATHY METCALFE 570003

33 Victoria

As you can see we still need more volunteers to help with the running of the club - this is now your child's athletic club - so please come and help in any little way.

The Centre's committee will be holding monthly meetings at Alder Park Bowling Club at 7 pm on the first Monday following the first Tuesday of each month. All parents are welcome to attend. Please come, listen and gain information that might not otherwise be gained and have your input into your child's activity. Your voting rights at these meetings are gained by filling out a parent membership form and payment of \$2.00 at the canteen.

Maitland Club sec. 333218

K Danderich 424085

**ALDER PARK BOWLING CLUB**  
**CO-OP. LTD.**



Phone 525503

We congratulate the organizers of the Adamstown-New Lambton Little Athletic Centre and trust their much needed venture in the community is most successful.

Alder Park Bowling Club offers Social Membership at a cost of \$8.00 to join and \$5.00 yearly after that.

You are strongly urged to take advantage of this offer, as the entry into Registered Clubs is most difficult now if you reside with-in a 5km radius of the selected club - unless you are a guest of a member remaining in that persons company.

Bar commodities are at a very cheap rate with the usual refreshments.

Become a member and enjoy the comfort of the club after your days activities.

**ENJOY YOUR SPORT - LITTLE ATHLETICS**

### Treasurer's Report

In the 1995-1996 season we had a small surplus of \$930.00

This coming year we plan on buying additional equipment, so we will be trying a few different fund raising methods to raise the required revenue to purchase this equipment. I encourage all parents to get behind the committee and help in selling/buying tickets etc in all our fund raising.

#### 1995-1996 REVENUE AND EXPENDITURE

Income	Item	Expenditure
2577	Canteen	1932
3294	Registrations	2291
2472	Fund Raising	1636
1772	Friday Fees	
890	Uniforms	757
2086	Presentation	3725
438	Miscellaneous	476
	Administration	733
	Field Equipment	778
<b>13528</b>	<b>Total</b>	<b>12328</b>

Cashbook balance @ 1 April 1995	1800
Add: revenue for the year	13528 +
Less: Expenditure for the year	12333 -
Cashbook balance @31 March 1996	<u>2995</u> +
Bank Statement balance @ 31 March 1996	5080 +
Less: Unpresented cheques	2085 -
Closing Balance	<u>2995</u> +

Ray Ramage  
Treasurer



## POINT SCORE AND TROPHIES

Of the 22 weeks of competition offered - to qualify for a trophy - it is required that a competitor complete **14 weeks** ( less rained out days) and have paid their \$1.00 for each Friday that they have competed **and** have competed in **3 out of 4 events each Friday.**

**Personal Improvement Champion** is for the improver and regular attender and will be determined by awarding each child:

**ONE** point for each Friday night competition as above to 19 (max)

**TWO** points for each personal best.

**FIVE** points for each Inter Zone Challenge (max 10)

**FIVE** points for competing at the Zone Multi Event

**Events Champion** is for the consistent winner and high placegetters of events and will be determined by awarding each child:

<b><u>PLACE</u></b>	<b><u>POINTS</u></b>
1 <sup>st</sup>	11
2 <sup>nd</sup>	9
3 <sup>rd</sup>	7
4 <sup>th</sup>	5
5 <sup>th</sup>	3
6 <sup>th</sup>	1
etc	1

### **INTER ZONE CHALLENGE (formally Big Mac)**

The 2 rounds of the Inter Zone Challenge are fun carnivals. Races are held in heats only - no finals, no times. Children compete in their own age group or the next highest. All entries gain points for their age group team and the Centre over 2 rounds. Come along for an enjoyable Family Day and make friends from other clubs.

Adamstown -New Lambton LAC is one of <sup>10</sup> ~~11~~ Centre's that form the Port Hunter Zone.

Adamstown	522913	Stockton	281812
Medowie	829963	Thornton	664368
Port Stephens(NB)	821773	Tillergery	823033
Raymond Terrace	975580	Wallsend	515287
Waratah-Mayfield	512257	Woodberry	661041

## RECORDS 1995-96

### BOYS UNDER 6

HOLDER	REC	EVENT
TOMAS PARKINSON	10.2	50M
NICHOLAS STARR	14.0	70M
TOMAS PARKINSON	21.2	100M
NICHOLAS STARR	44.6	200M
TOMAS PARKINSON	2.57M	LJ
DANIEL CASIARDI	5.55M	SP
JAMES HOPSON	11.62M	DISC
TOMAS PARKINSON	2-22.8	PACK START

### GIRLS

HOLDER	REC
LEAH DWARTE	10.9
SOPHIE SWAB	15.5
LEAH DWARTE	22.5
LEAH DWARTE	48.1
LEAH DWARTE	2.38M
BETHANY TREDINNICK	3.94M
MERRYFN FOGGO	9.00M

### UNDER 7

<del>TOMAS PARKINSON</del>	<del>0.5</del> 9.4	50M	BETHANY TREDINNICK	9.6
TOMAS PARKINSON	12.7	70M	BETHANY TREDINNICK	13.7
TOMAS PARKINSON	18.4	100M	BETHANY TREDINNICK	19.9
TOMAS PARKINSON	41.4	200M	BETHANY TREDINNICK	42.7
<del>PHILLIP McLEISH</del>	<del>3.38M</del>	<del>LJ</del>	LAUREN DICK	2.60M
TOMAS PARKINSON	5.78M	SP	BETHANY TREDINNICK	4.93M
TOMAS PARKINSON	14.20M	<del>LJ</del> <i>4.15</i>	BETHANY TREDINNICK	10.09M
TOMAS PARKINSON	2-07.5	PS <i>500m</i>	LAUREN DICK	2-27.5

### UNDER 8

<del>BRENDAN DICK</del>	<del>9.6</del> 8.7	50M	LAUREN CARROLL	9.4
<del>DAVID NAYLOR</del>	<del>12.8</del> 12.4	70M	LAUREN CARROLL	12.8
<del>PHILLIP McLEISH</del> <i>Shannon</i>	<del>18.0</del> 17.6	100M	LAUREN CARROLL	18.2
<del>PHILLIP McLEISH</del>	<del>38.0</del> 37.2	200M	LAUREN CARROLL	39.8
<del>THOMAS NASH</del>	<del>1-31.4</del> 1-28.0	400M <i>1-25.6</i>	JESSICA METCALFE	1-37.4
<del>JACOB SWAB</del> <i>Tom</i>	<del>12.4</del> 12.6	60M HURD <i>12.3</i>	JESSICA METCALFE	13.3
<del>PHILLIP McLEISH</del>	3.17M <i>3.28m</i>	LJ	KATE MONTGOMERY	3.04M
<del>CHRIS STEPHENS</del>	6.15M <i>3.79</i>	SP	ALISON CLARKE	5.83M
<del>NICHOLAS GAUL</del>	13.84M	DISC	JESSICA WOOTTON	11.25M
<del>BRENDAN DICK</del>	<del>3-07.0</del> 2-47.1	PS 700m	JESSICA METCALFE	3-27.4

### UNDER 9

RYAN BROOKS	16.8	100M	NATASHA IRWIN	17.4
BRENDAN FISHER	34.8	200M	LAUREN CARROLL	36.8
DAMIEN McINTOSH	1-26.6	400M	NASTASHA IRWIN	1-35.0
DAMIEN McINTOSH	3-20.8	800M	NATASHA IRWIN	3-43.7
RYAN WIBBERLEY	14-39.5	3000M	GILLIAN KURANTY	17-35.1
TRENT WIBBERLEY	5-34.4	800W	KATE MONTGOMERY	6-02.8
BRENT SINCLAIR	13.1	60M HURD	NATASHA IRWIN	13.0
BRENDAN FISHER	3.55M	LJ	LAUREN CARROLL	3.18M
RYAN BROOKS	1.13M	HJ	LAUREN CARROLL	1.00M
HAYDEN SHIELLS	6.60M	SP	LAUREN CARROLL	5.12M
KURT EVANS	15.60M	DISC	GILLIAN KURANTY	11.47

\*  
M

## UNDER 10 *Steven is an equal record holder.*

DANIEL JOHNSON	15.9	100M	NATASHA IRWIN	16.6
DANIEL JOHNSON	33.6	200M	NATASHA IRWIN	35.1
DANIEL JOHNSON	1-16.2	400M	AMELIA MATHESON	1-24.7
DANIEL JOHNSON	3-00.8	800M	AMELIA MATHESON	3-24.2
DANIEL JOHNSON	6-12.0	1500M	AMELIA MATHESON	6-56.8
KURT EVANS	17-39.9	3000M	PENELOPE NASH	15-53.6
ADAM HOLLIS	11.9	60M HURD	ALYSSA SPENCER	13.0
ADAM HOLLIS	3.85M	LJ	NATASHA IRWIN	3.46M
KURT EVANS	1.20M	HØJ	LOUISE McNICOLL	1.20M
ADAM HOLLIS	7.68M	SP	GILLIAN KURANTY	6.17M
ADAM HOLLIS	21.70M	DISC	GILLIAN KURANTY	13.59M
STEPHEN PARKINSON	7-43.6	1100W	ELISE JENNINGS	7-39.2

## UNDER 11

MANSELL LAIDLER	14.8	100M	NATASHA IRWIN	15.8
MANSELL LAIDLER	31.1	200M	NATASHA IRWIN	33.8
JEREMY SIMPSON	1-19.3	400M	NATALIE SMITH	1-20.6
JEREMY SIMPSON	2-56.0	800M	LOUISE McNICOLL	3-05.7
WILLIAM NAYLOR	6-08.6	1500M	LOUISE McNICOLL	6-31.4
BENJAMIN SMEE	12-44.4	3000M	LOUISE McNICOLL	15-01.7
TIMOTHY DAWSON <i>Steve</i>	<del>11-71.5</del>	60M HURD	KAREN BENDEICH	11.8
DANIEL JOHNSON	4.10M	LJ	EMMA WIBBERLEY	3.90M
TONY GILMOUR	5.85M	TJ	PENELOPE NASH	5.79M
DANIEL RUFO <i>Steve 1.25m</i>	1.20M	HJ	LOUISE McNICOLL	1.15M
KURT EVANS <i>1.30m</i>	9.22M	SP	ANGELA BOLLING	6.43M
ADAM HOLLIS	21.23M	DISC	STEPHANIE WHITEHEAD	13.39M

## UNDER 12

MANSELL LAIDLER	13.9	100M	JODIE KERR	14.8
MANSELL LAIDLER	29.9	200M	JODIE KERR	30.9
DANIEL JOHNSON	1-14.3	400M	KAYE EATHER	1-16.4
DANIEL JOHNSON	2-54.5	800M	ERINNE KURANTY	3-03.7
DANIEL JOHNSON	5-37.6	1500M	JODIE KERR	6-33.2
ANTHONY BARRETT	13-01.8	3000M	ERINNE KURANTY	13-35.5
ANDREW STEPHENS	10-35.5	1500W	JOANNE STALLARD	10-22.3
MANSELL LAIDLER	10.9	10.9	VANESSA HILLIER	12.3
MANSELL LAIDLER	4.76M	LJ	JODIE KERR	4.20M
ADAM HOLLIS	7.94M	TJ	VANESSA HILLIER	7.07M
MANSELL LAIDLER	1.25M	HJ	JODIE KERR	1.20M
MANSELL LAIDLER	8.31M	SP	JODIE KERR	8.22M
ADAM HOLLIS	26.20M	DISC	TYNE WIBBERLEY	17.93M

## UNDER 13

TODD MADDISON	14.7	100M	NATALIE SMITH	15.0
TODD MADDISON	31.7	200M	JODIE KERR	30.6
NATHAN EDWARDS	1-13.6	400M	JODIE KERR	1-11.8
ADAM DAGG	2-54.2	800M	ERINNE KURANTY	3-02.4
TONY GILMOUR	6-34.3	1500M	SEREENA KING	6-15.2
TONY GILMOUR	14-48.0	3000M	SEREENA KING	15-54.7
TONY GILMOUR	10-58.4	1500W	ERINNE KURANTY	10-15.8



**UNDER 13 CONTINUED**

TODD MADDISON	4.22M	LJ	JODIE KERR	4.02M
TODD MADDISON	8.34M	TG	KRISTIE CARTER	7.27M
CARL RUTHERFORD	1.32M	HJ	JENNIFER GILMOUR	1.24M
TODD MADDISON	8.42M	SP	JODIE KERR	7.70M
TODD MADDISON	21.52M	DISC	EMMA WIBBERLEY	19.10M
TONY GILMOUR	21.2	80M HURD	NATALIE SMITH	17.2

**UNDER 14**

MARK BENNETT	15.4	100M	TYNE WIBBERLEY	16.1
MARK BENNETT	31.8	200M	TYNE WIBBERLEY	34.9
MARK BENNETT	1-11.2	400M	TYNE WIBBERLEY	1-28.0
MARK BENNETT	2-54.2	800M	TYNE WIBBERLEY	3-29.6
MARK BENNETT	5-42.6	1500M	TYNE WIBBERLEY	7-12.5
MARK BENNETT	9-34.4	1500W	TYNE WIBBERLEY	13-15.8
MARK BENNETT	18.1	90M HURD		
		80M HURD	TYNE WIBBERLEY	18.1
MARK BENNETT	4.27M	LJ	TYNE WIBBERLEY	3.56M
		TJ	TYNE WIBBERLEY	7.55M
MARK BENNETT	1.47M	HJ	TYNE WIBBERLEY	1.10M
MARK BENNETT	7.76M	SP	TYNE WIBBERLEY	7.99M
MARK BENNETT	19.66M	DISC	TYNE WIBBERLEY	19.81M

**UNDER 15**

ERIC GALIATSATOS	12.3	100M	RACHEL SPARKS	18.1
ERIC GALIATSATOS	25.8	200M	RACHEL SPARKS	39.7
ERIC GALIATSATOS	1-01.8	400M		
ERIC GALIATSATOS	2-50.7	800M	RACHEL SPARKS	3-45.5
ERIC GALIATSATOS	24.7	90M HURD		
		1500M	RACHEL SPARKS	7-60.0
		1500W	RACHEL SPARKS	13-15.8
KRIS NUGENT	4.50M	LJ	RACHEL SPARKS	2.98M
KRIS NUGENT	1.35M	HJ	RACHEL SPARKS	1.03M
ERIC GALIATSATOS	8.95M	SP	RACHEL SPARKS	2.67M
ERIC GALIATSATOS	24.70M	DISC	RACHEL SPARKS	7.32M

# SEASON CALENDAR

**DATE**

**EVENT**

**VENUE**

30/8-1/9/1996

COACHING CAMP

MYUNA BAY

11/10-13/10/1996

MOOVE GAMES

TBA

✓ 20/10/1996

*Gala day*  
1st ROUND BIG MAC *Fun Carnival* ~~HUNTER-TBA~~ *Raymond T*

✓ 27/10/96

*Gala day*

*Cessnock*  
*Wallsend*

\* 3/11/1996

ZONE MULTI

PORT STEPHENS

~~10/11/1996~~

✓ 26/10 *from Twilight*

EAST MAITLAND  
PENTATHALON

FIELD SEND OVAL  
EAST MAITLAND

✓ 18/11/1996  
15

ZONE ENTRIES CLOSE

35 RIGNEY ROAD  
TANILBA BAY

✓ 23/11/1996

STATE RELAY

CAMPBELLTOWN

✓ 1/12/1996

GALA DAY

WOODBERRY

*50/11 1/12*

✓ 6/12-12/12/1996

ALL SCHOOLS  
/ PACIFIC GAMES

PERTH

\* ✓ 14/12-15/12/1996

ZONE CHAMPIONSHIP

WALLSEND

→ 19/1/1997

TRANS TASMAN TIALS

SYDNEY

? 9/2/1997

2nd ROUND BIG MAC

THORNTON

15/2-16/2/1997

REGIONAL CHAMPIONSHIP

COFFS HARBOUR

1/3-2/3/1997

STATE MULTI

WOOLONGONG??

15/3-16/3/1997

STATE CHAMPIONSHIP

HOMEBUSH

PLEASE NOTE DATE AND VENUE OF ALL EVENTS CAN BE CHANGED AT ANY TIME.

BOYS

EVENTS CHAMPION

IMPROVEMENT CHAMPION

UNDER 6

1. PATRICK ANDERSON
2. SAMUEL CRAWLEY
3. KRISTIAN SIMENTO

1. THOMAS WOOTTON
2. SEAN FITZGIBBON
3. LUKE PATCHETT

UNDER 7

1. TOMAS PARKINSON
2. TOM BRADY
3. NICHOLAS STARR

1. TOMAS PARKINSON
2. PATRICK PEARCE
3. NICHOLAS STARR

UNDER 8

1. JACOB SWAB
2. NICHOLAS GAUL
3. BRENDAN DICK

1. BRENDAN DICK
2. THOMAS NASH
3. JACOB SWAB

UNDER 9

1. TRENT WIBBERLEY
2. ANDREW RAMAGE
3. JAMES DOBELL

1. TRENT WIBBERLEY
2. ANDREW RAMAGE
3. JAMES DOBELL

UNDER 10

1. STEVEN PARKINSON
2. AARON EATHER
3. RYAN WIBBERLEY

1. STEVEN PARKINSON
2. LUKE METCALFE
- 3 EQ RYAN WIBBERLEY
- 3 EQ AARON EATHER

UNDER 11

1. ADAM SMITTH
2. KURT EVANS
3. JOSHUA SPARKS

1. ADAM SMITH
2. JOSHUA SPARKS
3. KURT EVANS

UNDER 12

1. MANSELL LAIDLER
2. ADAM HOLLIS
3. LUKE MONTGOMERY

1. MANSELL LAIDLER
2. ADAM HOLLIS
3. LUKE MONTGOMERY

UNDER 13

1. TONY GILMOUR

1. TONY GILMOUR

UNDER 14

1. MARK BENNETT

1. MARK BENNETT

UNDER 15

1. KRIS NUGENT
2. SCOTT BENDEICH

1. KRIS NUGENT
2. SCOTT BENDEICH

GIRLS

UNDER 6

1. SOPHIE SWAB
2. HAYLEY JENNINGS
3. MERRYNG FOGGO

1. CARISA KENNEDY
2. SOPHIE SWAB
3. HAYLEY JENNINGS

UNDER 7

1. LAUREN DICK
2. BETHANY TREDINNICK
3. ANDREA KURANTY

1. LAUREN DICK
2. ANDREA KURANTY
3. JOANNA GIBSON

UNDER 8

1. JESSICA METCALFE
2. ALISON CLARKE
3. JODIE CULLEN

1. JESSICA METCALFE
2. ALISON CLARKE
3. JESSICA WOOTTON

UNDER 9

1. RACHAEL MILLER
2. KATE MONTGOMERY

1. RACHAEL MILLER
2. KATE MONTGOMERY

UNDER 10

1. AMELIA MATHESON
2. GILLIAN KURANTY
3. LORA WIGGINS

1. AMELIA MATHESON
2. GILLIAN KURANTY
3. LORA WIGGINS

UNDER 11

1. KATHRYN KING
2. NATASHA IRWIN
3. PENELOPE NASH

1. KATHERINE MILLER
2. PENELOPE NASH
3. NATASHA IRWIN

UNDER 12

1. KAYE EATHER
2. ALICIA CARLIN
3. JOANNE STALLARD

1. ALICIA CARLIN
2. KAYE EATHER
3. JOANNE STALLARD

UNDER 13

1. KIRA WIGGINS
2. MICHELLE FRANCE
3. KAREN BENDEICH

1. EMMA WIBBERLEY
2. ERINNE KURANTY
3. MICHELLE FRANCE

UNDER 14

1. TYNE WIBBERLEY

1. TYNE WIBBERLEY

UNDER 15

1. RACHEL SPARKS

- RACHEL SPARKS

**■ COMMITTEE NOTICE - IMPORTANT**

The Adamstown - New Lambton Little Athletics Centre Inc. will not be responsible for any children who wander away from the athletic competition area; ie. In the drains, streets, bowling club and play ground.

Also remember **STRANGER DANGER** AS THIS IS A PUBLIC PARK.

**ALL AREAS**

**REFRIGERATION SERVICE**

GCLD LIC. No. 52125C

**Commercial & Domestic 7 DAYS**

- ALL BRANDS
- ALL WORK
- GUARANTEED
- DOOR SEALS
- REASONABLE RATES



**CASTLE CHILL**

REFRIGERATION & AIR CONDITIONING

- FRIDGES
- FREEZERS
- AIR CONDITIONERS
- CAMPING FRIDGES

**015-451746      57 5494**

21 MOIRA ST., ADAMSTOWN